

Awakening
in the
ALL

Randy S. Hall

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DEDICATION

I wish to honor my great grandmother, Gram for being the ever present role model. She loved to study and metaphysics was her passion later on in life. As a youth she had to pick cotton, but at the end of each row was a book that she would read as she rested. She raised her three daughters, first teaching them in a one-room school house. Then when they went on to high school she herself went back to school to become a healer and chiropractor. Thank you Gram for instilling in me the need to study metaphysics and the occult.

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Published by Randilea Publishing
4054 W. 76th Ave.
Westminster, CO 80030

Ordering Information:

Quantity sales. Special discounts are available on quantity purchases by corporations, associations, and others. For details, contact the publisher at the address above.

Orders by U.S. trade bookstores and wholesalers. Please contact Intentional Mind Power: Tel: (720) 428-8498; or visit www.RandileaPublishing.com.

ISBN13# - 978-1-515-36603-4

ISBN# - 0-515-36603-4

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ACKNOWLEDGEMENT

In the book I have referenced and quoted from these sources and would like to acknowledge their message as a contribution to my studies of metaphysics and the occult along with granting me the awareness of truth that led to my awakening. They are The Emerald Tablets of Thoth, The Kybalion, B. H Blavatsky, Doreal and Kahlil Gibran. Their wisdom and teachings helped me to connect with adepts and messengers who in turn helped me to write this book.

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Introduction

Where you are and what you believe is something each of us needs to have as our starting point. From there you will grow and learn of the next step in what you need to do. The direction you take and the path you follow depends on so many things, but it all should boil down to what you think is right, what you think is the next step you should take to complete yourself. This is your beginning and no matter which way you choose it will be the right one for you.

There is a promise that each of us needs to

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make to our self and that is to search for the answers that will make us whole, make us one with the ALL. Give of yourself and be always seeking the next step, for it is in the learning that we come to understand. This will lead us to the love of truth that will take us into our awakening and beyond, And yes there is more even after you learn to ascend there is more.

When life brings you to the conclusion that where you are is the right place for you to be, look around and you will find the direction you need to go. There will be understanding that will take you from where you are to where you need to be going. Like a beacon the light will guide you to the truth and this truth will create the understanding for you to go beyond that point to your next destination.

There is a light that will guide you if you just look for it, but it is in our nature to be lazy, to be satisfied and to say "this is good enough", but it is this complacency that holds us back and keeps us from reaching our potential. It is the blessings that await that we should yearn for, long for and want to find.

Our future is in the making and nothing has been decided as the future has not been written. This world is evolving and the information we're given from the White Lodge is going to

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continue as we become more attuned with the higher consciousness of the Universe. We know what we know now because of the information previously given and with new information we'll continue to grow.

Where we are now is for good reason, but the reality of it all is that this physical plane that we now consider to be the reality is a manifestation of the true reality. The very definition of reality is the existence that is absolute, self-sufficient, or objective, and not subject to human decisions or conventions, the state or quality of having existence or substance.

“Substance” means: “that which underlies all outward manifestations; the essence; the essential reality; the thing in itself,” etc. “Substantial” means: “actually existing; being the essential element; being real,” etc. “Reality” means: “the state of being real; true, enduring; valid; fixed; permanent; actual,” etc.

This physical reality is not the true reality for the reasons stated above and below:

From The Kybalion

The human reason, whose reports we must accept so long as we think at all, informs us as follows regarding THE ALL, and that without attempting to remove the veil of the Unknowable:

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1. *THE ALL must be ALL that REALLY IS. There can be nothing existing outside of THE ALL, else THE ALL would not be THE ALL.*

2. *THE ALL must be INFINITE, for is nothing else to define, confine, bound, limit or restrict THE ALL It must be Infinite in Time, or ETERNAL,—it must have always continuously existed, for there is nothing else to have ever created it, and something can never evolve from nothing, and if it had ever “not been,” even for a moment, it would not “be” now,—it must continuously exist forever, for there is nothing to destroy it, and it can never “not-be,” even for a moment, because something can never become nothing. It must be Infinite in Space—it must be Everywhere, for there is no place outside of THE ALL—it cannot be otherwise than continuous in Space, without break, cessation, separation, or interruption, for there is nothing to break, separate, or interrupt its continuity, and nothing with which to “fill in the gaps.” It must be Infinite in Power, or Absolute, for there is nothing to limit, restrict, restrain, confine, disturb or condition it—it is subject to no other Power, for there is no other Power.*

3. *THE ALL must be IMMUTABLE, or not subject to change in its real nature, for there is nothing to work changes upon it; nothing into*

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which it could change, nor from which it could have changed. It cannot be added to nor subtracted from; increased nor diminished; nor become greater or lesser in any respect whatsoever. It must have always been, and must always remain, just what it is now—THE ALL—there has never been, is not now, and never will be, anything else into which it can change.

THE ALL being Infinite, Absolute, Eternal and Unchangeable it must follow that anything finite, changeable, fleeting, and conditioned cannot be THE ALL. And as there is Nothing outside of THE ALL, in Reality, then any and all such finite things must be as Nothing in Reality. Now do not become befogged, nor frightened—we are not trying to lead you into the Christian Science field under cover of Hermetic Philosophy. There is a Reconciliation of this apparently contradictory state of affairs. Be patient, we will reach it in time.

Our ego believes this body and mind are our true self and yet they are not. Our true self is that part of us that goes on after this body has died. The essence inside of us is one with the ALL. It has no end and no beginning and therefore is never changing. It is as it has always been.

Why then is there the Universe and separate false reality, this facade? There are many

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different beliefs, the first being that it is the true reality, but we've already discussed why it is believed not to be so. Another is that there is an evolution that needs to take place, but this can't be so because the ALL is never changing and evolution is change.

So let's take it in another direction. What if the ALL wanted to know of something outside of its condition such as the experience of physical life, growth, and other things that we come to know only by living. Since the ALL cannot change it would have to find these things out existentially or from outside itself so that it could not and would not change.

As we begin to see that this reality is not reality we begin to understand what and how we live is not reality either. The physical creature comforts we desire are not real but merely a manifestation of the reality we choose to see and be a part of. The life we live is totally dependent of the wants and desires that we make known to this Universal Mind.

The laws that govern this reality are what shape and mold it, just as we are shaped and molded by them. We must follow them for they cannot be broken and in this Universe they are unconditional even though this reality is only a manifestation of the ALL. By adhering to the

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rules we find that some are able to manipulate their world into such a way that they have all the things they want and need.

Those that don't have all the things they want and need simply don't know how it all works or even worse they believe they were not supposed to have the things they want and need. They have limiting beliefs which keep them from enjoying this fake reality. Since it is fake then why should we care about any of it? Why should we limit ourselves when none of it really matters anyway?

This distinction is marvelous for ridding yourself of the limiting beliefs you may harbor. If they don't matter then what difference could it make? What you believe is of no consequence because none of it really matters. All that matters is having happiness, good health and the wherewithal to live and do the things your ego desire.

But let's look at the ego. It believes that it is the true self, the only self and it has certain presupposed definitions of what it wants and needs to be happy. Then it goes about creating a roller coaster of highs and lows to completely mix up the situation. Duality is in full force with the ego and its cause and effect selections. On autopilot it creates the situations to maintain an off balance situation for the majority of us.

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To combat the ego we should dismiss it entirely. It is what creates all the bad things in our life by creating both the negative and positive aspects of life. The ego is all about the physical self and yet it doesn't want there to be any complacency. The bottom line is the ego is holding you back from your true potential.

The ego wants there to be competition and it wants you to have ambition. These things only create the personification of all the things that is wrong in this physical reality. They give us greed, envy and every other negative emotion and response including hate and fear. They breed doubt and in the end create the roller coaster we want to depart.

When the ego is nullified the results are an uncaring attitude for the self and all that remains is a deep and satisfying caring for everything. This is when you can learn to love unconditionally and that is when you will find true meaning of life. The true self is a caring, giving and wonderful being that is more concerned with the good of all things.

While it is in this state everything is wonderful. There is no negativity in a world where all of your concerns are for others. You learn to share and be part of the greater good of mankind, nature and the universe. Somewhere in all this

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you will awaken to all that is good and right with the world and it will reflect in how you are perceived by others.

Not only will you find acceptance as you are viewed, doors will open for you that were previously closed. Things will begin to happen that you wanted to be just as things will start to appear in your life to help you fulfill your desires, but they will not come on your terms. If you truly have forsaken the ego you will actually have no terms

That which you express and think will become the nature of unselfishness. No more will you have thoughts of beating someone at any game or competing for the job and yet by ridding yourself of these desires you will more readily attain them. I know it sounds like it's backward, but it is the reality of the way things are.

People who have found this have found the true pathway to living their dreams, of having all that they need to be happy, healthy and wealthy. They are at peace with every aspect of life as they are at peace with everything and everyone. They harbor no ill feelings for the evil that goes on, they seek no revenge for the wrongs done by others and because of this their world receives none of those things. They simply don't exist.

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There comes a point when you come full circle and connect with that part of you that is one with the ALL. It is when the seeking reaches enlightenment and beyond to an awakening into oneness where nothing else exists. There is no longer the need for the ego and its control fades completely from your life.

As you bask in the glow of this immersion you come to know that the ALL is everything and nothing. It is every place and no place at the same time. It is all time and no time. It merely is and each part is just like another because there are no parts. There are no lines of separation, no delineation and no barriers. You simply exist in the all and there you find peace and contentment, harmony and tranquility, like you're living inside joy itself.

In this state you become aware of the rhythm of the ALL as you flow with the beat and breathe with its breathing. Complete and utter satisfaction are found and so there is no need to seek any farther for the completeness you've been searching for and there is unconditional love filling your heart.

The ego loses control over your physical being and your oneness self. It no longer wants to compete it wants to create instead. It no longer has ambitions which only bring your vibrations

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down as that makes you greedy and envious instead of supportive and loving. You lose the need to beat someone at something you only want to give and in the giving you become stronger and more worthy of the oneness that surrounds you.

Break from the spell the ego has you under as it only wants to separate you from the ALL. It has its own self-centered agenda seeking its petty wants and needs. Needs that will keep you on this roller coaster of duality that constantly bombards with its highs and lows.

Chapter 1

Loving Truth

Truth is a constant. It is never changing. Truth is the bind that tethers us to reality and yet we find that there are realities and there are illusions. The ALL is never changing. It cannot be added to or taken from. It has no beginning and it has no end.

The ALL is truth. It is oneness. It is everything and nothing. If there were places in the ALL each place would be the same as every other place. Nothing is moving for there is no space and time. It exists in harmony. It has rhythm. It has vibration. But there is no emotion, no ego, no duality. It merely exists and is everything and nothing at all.

On the other hand we have this physical reality which is ever changing, filled with duality

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and emotions. It has time and space. It has a beginning and an end. There is motion without unity. Each of us is an individual an island with our thoughts, our emotions and our ego.

We have our wants and needs. We have our hopes and dreams. We are ambitious, self-centered, self-serving, competitive, greedy, envious, scared, doubtful, and contemptuous. Our mind is closed and we think of how we can become financially free, to have the better things in life.

We try to disguise our disgusting traits and to some degree some of us are successful, but still back in the recesses of our physical mind the urges still lurk. The fact is we all look for the thing that tells us "What's In It For Me". The ego has such a firm hold upon what we think, do and say that it is scarcely of anything other than ourselves.

Yet, there are those that rise above this ego when they become awakened. It is a difficult thing to accomplish because of the overwhelming persuasiveness of the ego, but it is something that needs to be done. The ego is for the most part evil or at least the potential to do evil things. Maybe not all the time, but certainly by its very self-centered nature to indirectly cause harmful things to happen to others.

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It is our will that creates situations where we strive to be more, have more and do more or less as the case may be. To overcome these we must learn to not be so concerned about our status or the way others look at us. The self must become nonexistent in the sense that there is pride or self-worth. We know that the body has needs and those must be met for the body to stay alive, but our chief concern is not the glory that is to be found in deeds or possessions.

Every person's ego spurs them on to obtain power, to be the leader and thus having control over what others are allowed to do. We want to be the center of attention by nature. This "Look at me" attitude is what drives wedges between us. My will is stronger than yours or my way is the only way just makes enemies simply because their ego makes them believe the same.

To forget all that takes a strong will. To not have feelings of grandeur for yourself is hard to do. To forget the pride and the drive or ambition is a matter of wanting to be one. For it is in the oneness that we see none of it really matters. There is no advantage except the ones perceived on this earthly plane. There are no riches or power in the ALL. Everything is equal. It is a level playing field where there is harmony and unconditional love abiding in and for all things.

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To rise above the pettiness of self is to forget the me and focus on the One. Believe in the One for it is the essence of what is truth. When you look around in the ALL there is no differences and no individuals and it goes on forever. All cosmic energy is like that cosmic energy. It has always been and it will always be, unchanging.

Because this physical reality is ever changing and driven by the ego where the self is the only thing. Just look at the old saying, "What's In It For Me." It spells out the whole problem and how self-centered the ego makes us. It is the ego that prevents us from giving without receiving. Physical truth is strictly a matter of fact truth based on the wants and needs of the ego.

Spiritual life is a bonding of permanence, a cementing of faith and self where the mind is focused upon the ALL. It is seeking a way into oneness for the physical mind. There is a knowing of the Universal Laws that govern this physical plane. These laws create continuity so the Universe can run. Any being of the lower dimensions is bound by these laws and must comply with them.

Duality is part of both physical truth and spiritual truth in the physical plane and so creates the world we know. A balance is struck by the cooperation of the dual nature of things. With

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this balance the Universe is maintained while the physical being is often confused. The teachings of man over the ages has mostly added to this state of confusion.

Physical truth prevails, in most, as greed and self-promotion rarely taking a back seat to the oneness it denies. Our drive and our ambitions have kept us from advancing spiritually. Teachers of religion and theosophy have perverted the word, twisting it and falsifying it for their own gain. Their greed and lust for power have led not only them astray, but those that have followed them.

By the very nature of things we are our worst enemy. Truth is not sought only creature comforts and the power over others matters to us. The physical existence is our primary concern. How to make a buck is our motto.

But what of the other side of the coin. In a world of oneness would we not all be the same, living happy well-adjusted lives without need or want. Dishonesty and the want to have power over others would not exist. There would be no greed or envy. Only peace and harmony would exist in a tranquil setting.

Which would you prefer? I think the answer is obvious, for in oneness there would be no

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strife. We would know happiness even though there is no emotions to confuse the issues because there are no issues. When there is strife there is stress, competition, ambition, which lead to all sorts of problems.

Emotions are the enemy of the physical and spiritual being. They lead us in ways that we don't really want to go. They take us to places that creates the strife we want to avoid. Our very existence is defined by these emotions, whether they are positive or negative. In the state of oneness the positive aspects exist without the personal emotions to get in our way.

Is this then a boring place you might ask though it is not so. In fact it is a place of answered wonder where the whole of it will never be known. Like nothing that holds everything the ALL is precisely that.

Chapter 2

The Destination of Truth

Though oneness is the ultimate destination for us all, it is truth and light that mark the way. They are our compass points, the direction we need to follow to reach the journey's end. To become enlightened where we will find the oneness we seek and the freedom we implore.

Travelling the course to find the answers you will learn of things that will lead you on toward the oneness we all are destined to seek. You will undoubtedly encounter different paths to take upon your journey and the way may not be marked clear.

Do not worry when this happens, for the truth will always follow the way of light. It is also necessary to note that no matter which way

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you choose it will eventually lead you back to the main path. The only thing that will happen is the time may take a little longer, but it may have also been that there was something upon that path that you needed to know or learn.

Ours is a journey that may take many lifetimes to complete. It all depends upon where you are and how many detours you need to take along the way. There is no telling, but you are on the path you need to explore. Being side tracked along the journey is just part of the adventure that awaits.

(It is worthy to note here that you need not suffer poverty and pain on your journey to the truth. Know that it is not decreed in any way, shape or form that you live a life of wanting. You can have your cake now as you are upon the way to the ultimate destination. Know that it is and it will be so.)

Though we may sometimes be impatient the reward is worth the expense. It is a seamlessly endless road we take, yet the prize that awaits is worth any frustration you may feel. Keep in mind that you are where you are because of where you still need to go.

Each and every pilgrimage is unique and filled with wonder. Everyone's experience is

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carefully planned, for it is the way that you were meant to travel. Take each step with anticipation. Know that it is one that you will need in the end.

As we follow the way be aware of all that is around you. Think clearly and without dismay. If you take in all that you can from every part of your journey you will likely learn things and not have to repeat them later on.

There is no certain way for you learn and if you can learn something where you are it is blessing. One that you will not have to repeat. Once learned the knowledge is there forever and you can use it from then on.

Each step you take brings you closer. Each bit of knowledge you grasp is one more rung on the ladder to the end. You, after all, are climbing to heights where you will find wonders and marvels you have never dreamt of. There is a world of wonder that awaits you as you pass along the way.

Surround yourself with good intentions. Breathe deep the sobering wind. For within each and every pondering comes enlightenment that will help you to transcend and get one step closer to the oneness you need to find. Open the heart that knows no bounds and you will soon see the infinite that awaits.

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There is a deep abiding that comes from exploring the depth of the soul that lies within. Know that there you will find the answers to the question you did not know you had.

Ours is not a fruitless wandering as within each grain of truth there is progress. Each step brings us one step closer to the destination we seek and there we will find that any and all sacrifices were rightfully made.

Guests are made to wander, but inhabitants flourish along the way. There is no need to wander aimlessly when you feel as if you belong where you are. Keep to the task and you will find that there is no need to ever become lost.

If, however, you do become lost there is hope in this. Familiarity is the home that you will find upon the path and if you are lost the darkness will be quelled by the light. Seek out the light in the darkness and you will find your way again.

Chapter 3

The Answers Lie Within

Your higher self is your true self. It is that part of you that goes on when this and every other physical life has ended. The real you is not this shell, this body that you live inside.

When you think of yourself you must know that the essence of yourself is that immortal soul and spirit that gives you substance. This body is a mere facade, a housing that is your vessel for learning this time around.

You are so much more than this life, this incarnation. Everything you are up to this point is a culmination of what you have learned in your past lives. It is this knowledge that you build upon each day. There is much that you have learned, but there is much still waiting for you to

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discover.

As you navigate the path among the experiences in your life you will find what has been referred to as an awakened state of consciousness. This state will allow you to experience your higher self. Though you may not realize it now this awakened state is everything you have been searching for, it is your completeness. When followed, the path will lead you to awaken into your higher consciousness.

Now you are asleep, though not a sleep that you would recognize as such. Instead this sleep is a sleep of clouded and unused senses that bar your way to that illusive desire of oneness. In the awakened state you will see the truth, the honest reality where ego does not play a part, where duality is not a factor. In the physical reality you can either be awake or asleep, but when asleep you are missing the true reality of oneness.

Find the voice and the light that dwells within. It is your guide from out of the darkness, the wilderness of life that you are now trapped inside. Give yourself wings to fly to the Cosmos where the answers to your questions lie.

Grow with the knowledge that lays dormant in the higher self, just waiting to come out from whence it hides. Therein lies your strength and

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your meekness. Therein is hidden the truth you seek. For without the knowledge that dwells within you are a babe unable to even crawl.

So vast is the infinite that your brain cannot fathom its all. These memories from this life's learning are like a mole hill compared to a mountain range. Dwarfed by the scope of things they do not even compare.

Seek the knowledge that awaits you. Find the guide that waits to take you upon the journey into the great expanse that calls to us all. Go now upon your journey and look to where the higher self calls.

Chapter 4

Who Shall Hear The Calling?

Listen to the sounds of the voice that comes from within, for it is the calling that you've been waiting to hear. It is sometimes called intuition, but no matter what it's called it comes from the infinite, the Universal Mind and it is never wrong.

The voice is your inner self, your higher self and it has your best interest at heart. It will lead you on your journey, it will answer the call when you pray. It knows not of deception or failure, yet hears the ideas that you think and understands.

This voice inside you can guide you to a better place or keep you from harm. It is always with you for it is part of you, just as you are part

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of the ALL. It is the voice of reason, your conscious, that which knows right from wrong.

Never is it without knowing and nothing escapes its eyes. It is the precious feeling of comfort that resides within the peace you want to know. It is the shelter from the storm, the calm of the morning tide that washes over you where peace and tranquility abide.

Keep that which lies within you close and always heed its call. For there is not about you that can hide from the knowing that it is. Give yourself completely for it is the better part of you. Take all that it has to offer and let it guide through. There is no turmoil or disarray that exist within this place.

The warm shelter that it provides is always a welcoming place. Take the time to give, but also give the time to take. For there is giving deep inside you that is forever willing to share.

All the earthly goods that bind you are nice, but do they really matter. The only precious thing that is yours cannot be bought, for it is the tithing that you share. Take stock of all you have and though some are needed to survive, there are things that you'll discover can be given up without you being deprived.

Know your strengths and weaknesses and

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hear the voice when it tells you not to go. Give heed to its every calling for the truth it will always show. The kindnesses that you give is the coupling that you will make. It is in these moments that you will know of what you are made.

Take all that is given you and be thankful for the gifts. They are a gentle reminder that there is goodness in the world. Watch for angels when they come as they are there to help. Believe in the world around you, but know that you can make it better if you try.

The voice that is calling is calling from within, but its essence comes from far away. It is the connection with the infinite, the source of all things. There can be no mistaking it, and you will know when you hear its voice. It will surround you with its comfort and sooth you with its sound.

Hearing the sound will envelope you in a cradle of loving care. There is not to fear, for the stillness that you hear will notice all that is about. It is the pleasure seeking that gives way to the inner bliss.

The tell-tale givings are the gifts to share. They are the enlightenment that others want to know about. They give you peace each hour like the sands that sift through time. Grow within the

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seeking, let it shine without your being.

Celebrate life's journey it is blessed and has its rewards. There can be nothing more treasured than the peace that dwells within. Let it rain down upon you. Give the world of its light. For the shining that abounds within you will give peace to those in flight.

Never feel the wanting that the absence knows too well. Grace all that surround you with the ever gift of care. Place all those above you, for you are here to serve. In serving there is blessedness and a bonding that the giving has.

Be not afraid to bow down or kneel to help another. No one stands taller than one that stoops to give. Ours is an obedience that is bounded by love to one another. Take yourself into the fold of all that would wander astray. They are the brethren that needs your help each day.

Feel the feelings that charity has to give. Within you there is giving, a compassion that knows no bounds. Looked for, it can be found within you, for it is the blessing that you seek.

Giving is the answer, as the more you give the more you receive. Love is the commodity that keeps us from the fall. It is the ever binding that answers when we call.

So seek the answer in your loving heart. It

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will avail you whenever darkness is around you and when you feel its need. Heaven is just a thought that nurtures the seeds in the mind. There for the grace of wanting is the planted prosperity that provides the endless gifts.

Know all that is about you can be yours to give. The truth and light that you seek lies within your heart to live. Take what is offered for the giving you have shared. It is your reward for the loving that shows you cared.

Chapter 5

Where to Now?

Though each of us is on our own path the directions we take leads eventually to the light and truth, which is oneness. Some ways are more direct, but not necessarily the right path for each to take. There may be lessons on one path that you need to learn before you can make sense of the other lessons ahead.

Keep you to the pathway that leads you, listen to your higher self when you decide. The voice that comes from within will not lead you in ways that you do not need to go.

Stay ever mindful, but pay close attention to the intuitions that guide you. There within your journey you will uncover the truth that may find you. For soul searching is wisdom that leads you

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upon your discovery flight.

Be not afraid that you will falter, for there within you lies the seed of your success. It is a compass to guide you as you seek the truth and the light that is your quest.

Fill your heart with gladness for each step you take is one step closer to oneness. Each milestone is another harness unfastened to free you from the shackles that bind. Acknowledge the awareness, for it is the awareness that will allow you to awaken.

Listen to the calling that beckons you onward, for with it you will advance with vibrations increasing to the flowered vestige that awaits. Grow with your wisdom, become one with the light. There to know the power that one has over the night.

Being one with the ALL that will vanquish the darkness. Give of yourself so that you will know that there is truth in the light that brings forth the night's fall. Believe in the light and know that it is the way to find what you look for.

Below is a passage from "The Emerald Tablets of Thoth the Atlantean", translation and interpretation by Doreal. A literal translation and interpretation of one of the most ancient and secret of the Great Works of the Ancient Wisdom.

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List ye, O man, to he comes to you. But weigh in the balance if his words be of Light. For many there are who walk in Dark Brightness and yet are not the children of Light. Easy it is to follow their pathway, easy to follow the path that they lead. But yes, O man, heed ye my warning: Light comes only to him who strives. Hard is the pathway that leads to the Wisdom, Hard is the pathway that leads to the Light. Many shall ye find, the stones in your pathway; many the mountains to climb toward the Light. Yet know ye, O man, to him that o'ercometh, free will he be of the pathway of light. Follow ye not the Dark Brothers ever. Always be ye a child of the Light. For know ye, O man, in the end Light must conquer and darkness and night be banished from Light.

Listen, O man, and heed ye this wisdom; even as darkness so is the Light.

When darkness is banished and all Veils are rendered, out there shall flash from the darkness, the Light.

Even as exist among men the Dark Brothers, so there exists the Brothers of Light. Antagonists they of the Brothers of Darkness, seeking to free men from the night. Powers have they, mighty and potent. Knowing the Law, the planets obey. Work they ever in harmony and order, freeing the man-soul from it bondage of night. Secret

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and hidden walk they also. Known not are they to the children of men. Yet know that ever they walk with thee, showing the Way to the children of men. Ever have They fought the Dark Brothers, conquered and conquering time without end. Yet always Light shall in the end be master, driving away the darkness of night.

Aye, man, know ye this knowing: always beside thee walk the Children of Light.

This is the way that I would follow. This is the way that will be in the end. Light will swallow up the darkness and the night will be gone when all is said and done. Give yourself the chance of seeing. Be not engulfed in the night. Let yourself follow the pathway, though it may be hard, it will be rewarding.

If you would like to read “The Emerald Tablets of Thoth the Atlantean” There is a link to it on the Internet. That link is:

http://www.horuscentre.org/library/Hermetism/The_Emerald_Tablets_Of_Thoth.pdf

Another wonderful free PDF that I have found online is “The Kybalion” and that link is: <http://www.hermetics.org/pdf/kybalion.pdf>

Then one of my all-time favorite Books is “The Profit” by Kahlil Gibran: <http://www.liv->

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ingsufism.org/uploads/mustread/files/48fe5_The%20Prophet%20by%20Kahlil%20Gibran.pdf

Here is also another favorite of mine “Handbook of the Navigator” by Eric J. Pepin:

<http://www.whatismetaphysics.com/support-files/navigator.pdf>

These are for the most part short reads, but books that should be read many times to glean all the information they contain.

Our knowledge of modern Theosophy sprang from two sources: from the letters of the Masters Koot Hoomi, Morya and several other Adepts and from the writings of H.P. Blavatsky.

<http://blavatskyarchives.com/moderntheosophy.htm>

Inquirers and students are encouraged to read and also study this original material. But no one should blindly believe or disbelieve what is written. But a worthy endeavor is to try to gain an understanding of what is being conveyed by H.P.B. and the Masters in this wealth of material.

The Mahatmas gave the following advice:

"Knowledge for the mind, like food for the body, is intended to feed and help to growth, but

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it requires to be well digested and the more thoroughly and slowly the process is carried out the better both for body and mind."

"For a clearer comprehension of the extremely abstruse and at first incomprehensible theories of our occult doctrine never allow the serenity of your mind to be disturbed during your hours of literary labour, nor before you set to work. It is upon the serene and placid surface of the unruffled mind that the visions gathered from the invisible find a representation in the visible world. Otherwise you would vainly seek those visions, those flashes of sudden light . . . which alone can bring the truth before the eye of the soul. It is with jealous care that we have to guard our mind-plane from all the adverse influences which daily arise in our passage through earth-life."

"On close observation, you will find that it was never the intention of the Occultists really to conceal what they had been writing from the earnest determined students, but rather to lock up their information for safety-sake, in a secure safe-box, the key to which is - intuition. The degree of diligence and zeal with which the hidden meaning is sought by the student, is generally the test - how far he is entitled to the possession of the so buried treasure."

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Unfortunately, far too many readers don't take the necessary time and effort to try to understand what H.P.B. is attempting to convey in her many writings.

There are many more very educational works on the site that I found using Google to search for H.P. Blavatsky where I believe the most notable was the Blavatsky Study Center found at: <http://www.blavatskyarchives.com/>

I sincerely hope that these links will help you upon your search for truth and light. They have indeed helped me and continue to do so.

Though it is important to know where you are on your journey it is even more important to know where you're going. For most of us we don't know what's around the next bend little alone where it all will end.

Certainly not after so many lifetimes have been taken to accumulate the knowledge we now have. For this reason it is safe to assume that we would all like to continue our journey in comfort.

Chapter 6

The Adepts

In the world and beyond there are beings that have reached a higher plane. They are known as the Adepts. How they reached this higher plane is a very long story, one that we do not have time for here, but what is important to note is that they can help you learn and grow. In so doing you will increase the frequency at which you vibrate.

The recognition of the higher phases of man's being on this planet is not to be attained by mere acquirement of knowledge. Volumes of the most perfectly constructed information cannot reveal to man life in the higher regions. One must gain the knowledge and understanding of spiritual facts by personal experience and from actual observation.

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Each of us has our own part to play, just as each has our own path to follow. The cycles that we must go through are brought to us out of our need. For the cycle of wisdom that is set before you is there to challenge your growth.

Knowledge is gained only by practice with wisdom the fruit to be gained. Cast off the fetters of the flesh that bind you. Rise from the darkness into the light. The soul must be cleansed of the darkness that binds it, though the shadows will fall they must be immersed in the light.

Travel onward armed with the fire, quench the darkness with your light. Feel the presence of life everlasting. Join forces to combat the night. Bathe yourself in the light of everlasting. Heed the calling of the light. Within it truth will be found, as everlasting shall be the light. Give not into temptation. Quell the darkness and always seek the light.

As you learn and grow within the wisdom of the light, your inner self will vibrate at a higher rate. Once that frequency reaches a certain level the Adepts will know and come to you to lend their help and guidance.

They are there to help you, to give you knowledge that you implore. Listen to them for they are so far above you and know more than

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you will know for many lifetimes to come.

Do not believe you are a burden to the adepts. They are more than happy to help you reach for the next level. They want to guide you on your way, help you take the next step. It is their pleasure to aid you in any way they can, for that is their purpose. A purpose they volunteered to do.

Ours is a world of skepticism as everyone is only looking out for themselves. But with the adepts and the messengers sent from the One Being this is not so. They only want to bring you in from the cold isolation. To help you get to the next level. There is no other agenda with them.

Seek their wisdom and revel in the knowledge they bring, for it is good news. To all who seek there is an answer waiting just for them. None are turned away. There is no judgement to make. When you are ready they will know and be there to lend their support and guidance.

You will feel their presence like a warm glow that bathes you in the light and truth of the ALL. It is pleasure personified, a beacon in the night guiding you to the ways and means of the universe. An abundance of knowledge awaits you and soon you will see with clarity once they have come into your realm.

Bask in their light, feel the glory and the

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power their essence endows as they share with you the unending wisdom of the Cosmos. Life is love and love is life, like a fruitful bowl of never ending nourishment. Hail the august being as they give unto you that which you seek to find.

As the awakening dawn approaches, know that you are in its wake, ready to venture forth into the coming dawn of a new and better life, where all that is and all that can be awaits to be shaped and shifted to your will.

Feel the presence and the hope that will fill your heart as you are touched by the unassuming greatness that is the adepts. Sent, they have been, to help you to find your way in the wilderness, to bridge the gap between you and the next level, to make the transition as seamless as possible. There is the gracious acceptance of truth and the beauty of love that is given without condition.

They do not judge or hold anything in reserve that they are allowed to reveal. And yes, there are certain things that cannot be told, simply because you are not ready for that knowledge and most probably wouldn't believe it or understand it if it were revealed.

Go forth and seek is the message they would give to all those that have not found their way to the adepts. Know in your heart that they await us

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all, anticipating the time when we are ready to meet them. It is us and not them that is causing the delay.

Feel the presence that is garnered. Rejoice in the presence that is waiting for you. Give unto your will and forget your ego for these are the things that will only hold you back from the glory that awaits.

Ours is a quest of oneness, a never ending journey that will take us from this reality to the next. Though the destination is uncertain the ideals that are formed strengthen and bind us to the truth and the light. There is no end because there is no beginning and in the oneness you will see the light and know the truth.

Chapter 7

There Is Love

Love is the most powerful thing in the universe. It is what we strive to attain. It is what we long to feel. I'm not just talking about the love you have with your spouse, your parents or your children. I'm talking about the love you have for all things. The unconditional love that should be shown to everyone and everything.

Love to the ALL is what we need to know, to experience, to be. We are united by the ALL and together we grow, we evolve and we elevate.

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Though it is true that we have our own path to take we evolve as one, we grow as one. Each time one of us vibrates at a higher frequency there is a change in the vibration of the entire planet.

Love is the foundation upon which everything is built and our structure is no more secure than the foundation upon which it is built. Together we are stronger and what is stronger than love? Love is the tether that ties us together in oneness.

As we walk the pathway to truth and light we need to learn to unconditionally love all things. Ours is a noble destination where we will find peace and tranquility, but only if we are practicing love. When we love we give of ourselves. We plant the seed of love in others and they will respond in kind. For it is the wise one that nurtures with love and kindness, showing compassion for all that suffer.

To truly be harmonious with the ALL it is essential to love unconditionally. To become one with all things love must flow from you into the Universe. There is none that reach the pinnacle of truth without showing unconditional love.

As you reap, so will you sow says the Bible and with love in your heart you will get love in

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return. You will know of the goodness there is in the Universe, feeling the rhythm of the Cosmos and be in touch with the power that it has to share. There is none that can live on an island for we are connected to one another.

The tie that binds us is the love that we have for all things. If that tether is weak then so is our connection. The weak will wonder aimlessly. To bring forth oneself it is necessary to open your heart. To move on to the next level loving is the stepping stone or the bridge. This bridge is your inner self loving without condition. Learn to access that inner self and learning to love unconditionally.

When you realize that this body is not but a vessel for your inner being that only houses your true self. That true self is the part of you that goes on when this life ends. It is the part of you that has lived and learned in the past. It is the part of you that connects with the infinite, the Universal Knowledge and yet few ever know of its existence.

There is love which will take you from the isolated being that knows not the inner self. That part of you that is wanting to join you with the ALL. There is love that creates the harmony you need to flow with the Universe. There is love that

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gives you the knowledge of what it takes to become one with the Cosmos.

Taken from the fold we have become separate and unnourished. With love we begin to reconnect with that which will nourish our inner self. When nourished we become aware of the next plane of existence and can begin to communicate with and know that which is contained in the Universal Knowledge where we can grow and become a part of the greater good.

In love there is hope for the present and the future. When practicing the art of love and whenever you project love you are creating a relationship with the ALL. As you love you become part of the Universe. You fulfill a need and complete a purpose when you love. You create a change that transforms into relationships with the ALL.

Give yourself permission to love yourself, to love those around you and the things around you. The rocks and the trees, the water and the animals and the people here and in other places, and the many other planes of existence.

Ours is a quest to show love unconditionally that will bring us into the fold that is life. Life is only really going to begin with love. Without it your life is empty and isolated in that it is static.

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Love is dynamic. It brings us to the relationships that will take us to the next level.

Love is not weak. It is power to bring us to the knowledge of the ALL. It will allow us to understand that which we need, to move on to the next level. It allows us to evolve and to elevate our very being. We give love to get love and this cycle is how we come to understand life and living.

The living is projected through love and love is what gives life purpose. The love of the ALL takes time to achieve. It is a state of mind that must be practiced to obtain. The knowledge and understanding of love comes with the passage of time when you focus and work towards unconditional love.

There is no way that you are going to just wake up tomorrow and know how to love unconditionally, but as you work on it, set your mind to loving something new each day you will become the love you want to be.

Every day, take one step forward. Feel yourself moving to the beat of a new drum. Put aside the negative and only think of the positive. Love is positive and so worthy of what we want to project. As we grow we will love more and more.

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When we stagnate we flounder in a sea of despair. Yet with love we can swim free and become that which we are longing to be.

Harmony, peace and tranquility are but a few of the benefits of love. They are things that we want to know and things that we want to surround ourselves with, but there is so much more that love can give us. Each day your life will grow into that potential that is sought for and welcomed when found. It will fulfill your very essence bringing you closer to oneness.

Love is light and in the light there is truth and glory. Not personal glory, but everlasting glory. The kind that can only come from becoming love. The emissary of love is one that knows no hatred, feels no ill will towards anything. Become that emissary. Shed light and truth on all you come in contact with. Be the beacon that others will follow to the truth and the light, so that they might also revel in the love that is all around.

Promise yourself to love something new each and every day. Become that thing and know it through love. Cherish its existence for it is unique and yet a part of the whole, just as you are part of the whole. Be one with it and love it like it were yourself, for there is no greater good that you can do.

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Creation is value in a world with no bounds and it all begins with love. There is not that you can create with love. It is the founding of every particle. It is the energy that is all things. The base of that which is and can be, made up of energy, just as love is energy focused to its highest level.

The truth and light of love are the weapons for progress. They clear the path to knowing and understanding. Knowledge cannot be attained without understanding and progress cannot be had without love.

Though our paths will come upon many things they need to all be met with love and love can only come from understanding. Now it may sound like a circle that has no resolve, but when you love and become that which you love you automatically have the understanding you need to gain the knowledge.

Love can take you from where you are now to where you should want to be. It will give you the favor to succeed in anything you do, but more importantly it will take you from this level to the next.

As I think of what is most important I think of love. I grow in the love that is and will be. I relish each new love I cultivate and hold dear all

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the loves I have made in the past. Steadfast is the way to the loves of the future that forge the relationships of the past. Like vanquished foes the hatred has given into love and made me stronger as the part of me that knows love.

Listen to the sounds that surround you. Revel in the sights you see. There is truth and beauty that abounds in each of these. Love is the reason for being and to love is the most virtuous thing around. It is strength and favor that will enrich you in countless ways.

When you falter or when you fail, take solace in the love you share and have shared. Be glad of your failings for they need love as well. All who have ever lived have made mistakes and they are not to be despised, but loved. Progress comes from all things great and small. There is no evil except that which lurks in your mind. By replacing love for that which you feel for the evil you rid yourself of the hate, fear or dread once felt.

I know that you may think to love everything is impossible except for those we may consider to be a saint, but this is what you strive for if you want to make the next level. That level is only inhabited by those we would now think of as saints. That is the natural way of things in the

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next level where there is nothing but peace, harmony, tranquility and love. Everything that comes hard to us now will come naturally in the next level.

Chapter 8

The Law of Correspondence

Like ripples in a pond The Law of Correspondence works in our lives and it is closely related to the Law of Cause and Effect. To be simply stated this law is one where our inner world is reflected into our outer world and vice-versa. This means that there is a direct correlation between how we feel and what we experience. Nothing in our physical lives will change without first changing our inner world, which

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brings change and thus we see that there is a paradox.

For the outer world to change into a place of happiness and contentment we must be happy and content, but we cannot feel happy and content when in our physical world we are miserable. This is the conundrum, the problem we must overcome if we are ever to know the life of our desires.

Take the feelings you are feeling and white wash them into obscurity. Flush them out of your mind by whatever means possible. Start anew and forget about the unwanted past. Isolate yourself from the misery you may be feeling and plant the seed of tranquility into your mind. This is the ripple, the shard of hope that will grow and expand in your inner and higher self.

As the idea begins to spread through you these new feelings of hope, happiness, peace and tranquility will be reflected into the world of this reality. As you merge the two, they become as one and slowly, but surely you are living the new life. The life of prosperity and happiness.

I do not say that it is easy for this transmutation to take place, I merely point out that it is possible. What is more profound is the other side of the story or the fact that if you don't

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change your physical world thinking, your outer world reality will either stay the same or get worse.

Come with me now on a journey into the inner world. See the changes that can and will take place as we realign our senses into one of hope and happiness. First breath deep and settle your body and mind. Picture a pleasant surroundings of your own. A place where you can go to shut out the everyday life that you now lead.

Listen to your heart as you breathe. Follow the breath as you inhale and exhale. Center your mind and think only of the breath. As you relax your mind and muscles view the peaceful surroundings of your imaginary place.

Once you are at peace in your solitude look at the life you would love to be living. The home in which you would reside, where prosperity and happiness are yours to enjoy. Feel the warmth and comfort that surrounds you. Know the joy and love that is present as each day unfolds. Immerse yourself in the world that implores you. Take it in and let it flow into existence.

Become one with this reality and know that it exists, for it is the ways and means to transport yourself from the realm you now reside into the realm you wish to be. Nothing is standing in your

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way except your limiting beliefs. Do not limit yourself. There is nothing that cannot be in your reality.

Feel the energy around you. Mold it into that which you wish to be. All things are made of this energy and manifesting your life of desires is forming that energy into the things you want.

This is done with the mind and not the brain, which are two entirely different things. The brain is that physical part of your body that thinks and controls your bodily functions. Your mind is bound with your essence. It is all your past and present knowledge. It is how you communicate with the Cosmos.

Your mind is the part of your inner self that controls your higher self and it is the part of you that you need to be able to access. It is the part of you that can speak with the Universal Mind. It can help you to change the cause that creates the effect or the life you are living.

Together we will explore the very makeup of the mind that is what some refer to as the subconscious or the super conscious, but rest assured it is the part of you that will build the bridge from where you are now, to the place you want to be.

The Law of Correspondence is but one of

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many laws that exist to govern the Universe. They apply to all and cannot be broken. They exist for continuity and all that is needed is an understanding of them. Take all that you can muster as you devote yourself to this understanding.

The knowledge will come to you through this understanding that will help you to flow in harmony with the laws and thereby create that life that you have for so long wanted to live. Life is made up of the here and now. That which is past is gone and cannot be changed. The future doesn't exist and so will change with your actions in the here and now. All that exist is the now and it is all that can be changed. Start living to change the now and forget about the rest.

In your mind there are hopes and dreams of your desired life. They may be strong visions or just obscure outlines right now. For them to become real you must make them real. Believe they are real and display that reality to the Universal Mind. That is where your cause is created. In that vast storage there is all things including that which has set up the effect you are now experiencing.

By living in the now and realizing that it can be altered you take the first step on the road to the new reality. Believe that you are where you want to be and if you believe it strongly enough

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it will be so.

It all works like a great circle, but you can change the beginning to match the final outcome. Give your abilities the expression they need to flow in harmony with the ALL. Elevate your mind and vibrations to the next level so you can create that ripple that will expand and grow into the desires you feel and want to be.

Chapter 9

Cause and Effect

Cause and effect is important in understanding how and why we draw things into our lives. For every cause there is an effect. Cause is the condition and effect is the third dimension reality. When we change the cause we change the reality. This change can either be a positive change or a negative change brought about by our thoughts and actions.

Changing the cause that creates our existence is not as hard to do as you may think. In fact

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we are all constantly changing our cause, we just need to learn how to change it to the cause that will be the most desired and bring about the effects we want.

Understanding the way the Universe works is important to learn and that is why the study of metaphysics is so beneficial. There is one entity, one mind and we are all a part of that one mind. My thoughts effect you just as your thoughts affect me. Everything is connected and it is a Universe of abundant things. There is untold wealth and happiness for us all to enjoy. It is there in the Universe already for us to partake of and to utilize in our third dimensional reality. The best part is that it is an inexhaustible supply.

The law is nondiscriminatory because there is no separate entity. There is only the one and there is only oneness. It is our perception that must change. We think of ourselves as separate beings and this is true, but only our bodies and egos are separate. These are not our true self. Our true self is our soul, which is linked to every other soul and this is what makes up the Universal Mind, the one.

To be one with the ALL is the ultimate goal, but how is this attained?

Cause is only reflected into our 3D existence

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from the one. The ALL is what makes everything possible. It is the source of all things and it is within you. You are it, just as it is you, me and everything. Therefor the wealth of the Universe is within us all. There is no creating because it already exists. Know that without doubt and anything you want will be yours to use. The secret is not to force anything. Ask for what you want in general terms and then let the Universe decide how it is best done.

It cannot be contained, nor can it be released. It is the very essence of you and me of everything. The rocks and the trees, the planets and the suns, everything that is part of the ALL is energy. There is nothing that is or will be or ever has been that is not a part of the ALL.

All this is within you, part of your soul. It is the ALL and has all the attributes of the Universal Mind. This means it has all the capabilities of the Universal Mind so there are no limitations to what you can do, think or have.

There is awesome power available once you learn to become one and the first step is to stop thinking of yourself as an individual. Get rid of the ego that feeds this misconception. Stop competing with others as you are only competing against yourself. Doing something wrong or hurtful to others only hurts yourself. There are

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no islands there is just the one.

As the soul reaches towards the light it must follow the path that leads it towards its goal of oneness. Everyone's path is different and for some it is very difficult to find. The tracks you need to follow sometimes get muddled and it is hard to know which direction to take.

Look to your heart, listen to your true self and you will find the way. There is no set way to the truth where you will find enlightenment and harmony. As a mortal the path will never be revealed. As long as you think of yourself as your ego dictates you will never learn of the ways of the higher self, or the oneness that can be attained. It is the destiny for all of us to seek this truth.

When we live the life of reality in the third dimension we succumb to the pleasures of the flesh. We desire power and material things that will bind us to the physical. Yet within there is all that will satisfy in a way that the world without can never fulfill. For the world within is a permanent fulfillment, while the world without is temporary, in fact it's an illusion.

Learn the ways of peace and tranquility found in the creative mind and put aside the frivolity of the competitive mind that seeks to harm

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and destroy. Defeat is all that can come of the competitive mind, for even the victorious one suffers defeat, because we are of one unit, tied together by the Universal Mind.

The Unity of the Universe binds us together with an invisible thread that must be realized. It is a force that cannot be denied. As we travel from life to life the ways of the ALL are slowly revealed to us through necessity. Our cause is willed to us and it is up to us to accept our reason for being, but the cause that creates the reality we live in only exist in the densified state that we occupy.

Once evolved enough, this cause will no longer exist because it no longer needs to exist. As we grow and become one, living in harmony with the Cosmos we will come to see how different the Universe is compared to this densified state where we now reside.

Everything is free flowing, moving at angles and directions that we cannot as yet comprehend. Our state of being is one of restriction. We are trapped in a realm of the third dimension, a dimension that stifles and separates us from the ALL. Ours is an existence of smallness compared to the open expanse that awaits us.

Our bodies limit us and hide from us the truth

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of reality in the Universe. We are ruled by our feelings in ways that hold us down and limit us from expanding. We think in the three dimensional thinking. We react in three dimensional thinking and we are made to only know that which we can sense.

Yet our higher self knows that this is not so. When we leave the body we are free to explore other dimensions. We can experience life without time and personal space. As the Universe is opened up for us, through our higher self, we are able to witness life more as it was meant to be seen.

Having a flame in your heart will not give you your desires. It is but one of the components necessary for you to get where you want to go. That flaming desire cannot be manufactured. It must be truly felt, as a part of you, an extension of your heart. Find your inner passion within your higher self. That is what will take you to the next level. That is what will kindle the fire within so you can reach the heights of which you aspire.

The fields in which you plant your crop must be fertile for them to thrive. They take special nurturing and care to grow and blossom with the fruit they are to bear. Just as the plants your soul takes nurturing and coaxing to come to bear. It is with knowledge and understanding that the

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higher self is realized. It is with this higher self that you will come to know all things and when you have reached the plateau of getting to the next level your mind will soar with the possibilities that can and will unfold.

Take this grain of sand and with it place another and another, for each is a building block upon which you will build your utopia. It is a blessed place, one of desire, built with love and grace. Planted from a seed it grows and flourishes to become that place you imagine it to be. Filled with harmony and abundance, this place will grow inside your heart until it comes to its fruition. Harken to its call as it beckons you out of the night and into the light that is the truth and the knowledge you seek.

It is with these properties that we become the masters of our fate. We have the power to change the cause and therefor change the effect that is our reality. The reality that you're now living is a product of the mind that you created, but it was created without your intent. Now is the time to see your future and make it happen. See it, shape it, mold it and then hone it until the finish is polished to perfection.

Reap the winds of change for they are yours to steer. Learn the lessons of the ALL and bask in the light they bring. Give your life and the

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lives to come the meaning they deserve as you evolve into that which you are capable of being. The future is bright and the light will shine down upon you if you will but see it and become the higher self instead of this body facade you now believe to be your reality.

Too long the Higher Self has been forgotten due to this misconception. There is more to the reality than the oneness you seek. There is the physical reality that we know of as the third dimension. There are ten dimensions in what we call the physical reality. Dimensions so different from our own that we cannot even see or comprehend them, yet they exist just the same.

As you grow and evolve you will be able to elevate your consciousness to the next plane of existence and be able to move in the angles and curves of it just as you can move in this dimension.

This is one way for you to evolve, but this will not take you to oneness. It will not be the final destination. There is however a place that will take you to the oneness you seek and the awakening that you were meant to know. It is this awakening that will allow you to become aware of the oneness that you are looking for.

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Since, however you are still tied to the physical reality you have needs that must be met or your physical body will die. It is in this physical realm that the ego controls you now and this is why the you cannot achieve complete oneness. It is the ego striving to maintain control over us that causes us to sleep once again.

In this state we are susceptible to the qualms of the ego and it uses all the tools and tricks it can to regain or maintain control. Our emotions, our wants and needs trap us in this dimensional reality. It is the duality that grants us happiness only to propel us into sadness.

We have emotions such as fear and elation that keep us from truly being at one with the ALL. We can reach awakening and know the oneness that lies beyond enlightenment, but because of the physical ego we continually go back to sleep.

First we need to see beyond with this awakened state and know what is there. To know that there is not else but the oneness. Then we need to learn what it is that causes us to sleep and somehow circumvent it. This is the way to full time oneness and thus skipping all the other physical reality steps of evolving through the dimensions, which takes a very, very long time. In the end it is up to the individual as to which way

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they want to go.

Chapter 10

The Law of Attraction

There are those that scoff at The Law of Attraction. They ridicule it because they don't understand it. To them it just sounds like a bunch of hocus-pocus. In this physical reality it is one of the irrefutable laws that govern the Universe. The Universal Laws are all-powerful in that they cannot be broken. There are many places to find reference to the Universal Laws on the Internet, some accurately stated while others are not.

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Below are the Universal Laws as they were presented to me and I believe this to be the definitive list. These laws only apply to the physical reality as in the ALL there is only oneness, one meaning that there is nothing else, therefore no laws.

1. The Law of Conscious Thought – Conscious thought is responsible for everything that has been created. All things have either been created by the Universal Mind or by one of its units.

2. The Law of Time – Time exist because there is movement and radiation of matter within and through the time space continuum. However time is only relative in the lower dimensions. In the higher dimensions time does not exist. All there is in those dimensions is the now.

3. The Law of Perpetual Motion – Every atom, molecule and electron are in constant motion and radiating particles of itself at the same time. From this movement we have ionization or the breaking down of matter, thus making it possible for new matter to exist.

4. The Law of Opposites – Everything exists with an opposite. North and south poles, positive and negative, yin and yang, male and female and

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the list goes on and on. The existence of opposites is the basic law or formation.

5. The Law of Vibration – All things vibrate at different levels or frequencies. The rate at which that entity vibrates determines that entities state of evolution, enlightenment, and the ability for it to manifest.

6. The Law of Progression – Throughout space there is constant change or progression. Nothing stands still but is moving forward towards an ultimate goal.

7. The Law of Oneness – God or the Cosmic Consciousness is everything and everything is contained therein. Each and every manifestation has come about through the Cosmic Mind and is therefore part of the Cosmic. The conclusion must be then that everything is one.

8. The Law of Reincarnation – This law is immutable and states that each individual is granted the right and chance to experience everything at their own rate and selected method. This is to ensure that each individual gets all the pieces needed to complete the cycles necessary for fulfillment. The goal here is to learn and experience and progress past the point all things needed to pass from the finite plane.

9. Atomic Law – Within every atom there is

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an equal amount of electrons and protons and this occurs at every octave of vibration. Therefore opposites attract and the balance of power is maintained, creating an equal force of positive and negative.

10. The Law of Life – Each and every form has spirit. The rock has the lowest level of spirit while the tree has a greater level of spirit and still the bear has an even greater level. In each form the level must be maintained to a certain degree or death will occur.

11. The Law of Circle and Curve – Everything in the universe is now basically angular yet is shifting in to a curve and progressing towards becoming the circle. When the circle is achieved total perfect will ensue.

12. The Law of the Triangle – The three points of the triangle are responsible for the manifestation of all things in the finite plane. These three points are Cosmic Dust, Spirit and Soul. Another way that this is looked upon as the top point as the one, the bottom two points as the two and the space in between the three or the result. So that we have one producing two (the positive and the negative) and from this is produced the three or the whole.

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13. The Law of Consciousness in the Material Plane – The consciousness cannot manifest as a unit in the material and therefore must lay aside the material body and enter the Cosmic plane as consciousness.

14. Direction of Soul Growth – We are destined for growth and every experience points us to another even greater experience. Each one brings us closer to the eventual contact with the Cosmic Consciousness.

15. Limitations of Movement of Consciousness – The Cosmic Consciousness can only move in ways that are harmonious within the plane it is trying move. There can be no movement where there is no harmony. So the consciousness of a unit may not move into a realm that is of a higher level simply because it cannot move in the angles and curves of the higher plane.

16. Limitation of Time – Since time is created by the movement of matter through space and activated by the Cosmic Mind it is limited to the fifth dimension and below so it is therefore bound by the sixth dimension.

18. Law of Cycles – As a collective of units reach to surpass a certain level by achieving greater vibrations as a whole they will pass from

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one cycle to the next, marking the end of one age and the beginning of another.

19. Law of Physical Evolution – As each atom changes by losing particles of itself by virtue of the law of change we note that these particles are gathered to form a new mass. This is evolution in the making as the old is replaced by the new and more evolved.

20. Law of Cause and Effect -For each cause there is an effect and a new cause is created by how we have dealt with the effect. So there is a continuous cycle that is set into motion each time we respond to the effect.

There you have a list of the Universal Laws. These laws cannot be broken, but you can break yourself against them. They are irrefutable and so you must learn to live within these laws that govern our very existence just as you must abide by the law of gravity. Once again these laws only apply to the physical realm of existence. If you disagree with this list I completely understand as there are many different schools of thought and I respect that difference.

Some interpretations have 12 laws and others only 7 many of them are the same as the ones in the preceding list. You'll notice that 17. the Law of Attraction is not listed and that is so for

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a very good reason. That reason being that this law is the subject of this chapter.

17. The Law of Attraction, being the subject of this chapter has been purposely singled out for greater discussion. It also utilizes some of the other laws that are in the list above, which is why they have all been briefly described.

One of the laws most closely associated is the Law of Cause and Effect. The causes we create bring about the effects or the reality in which we live. The Law of Attraction is based on the fact that like energies attract like energies, or positive energy attracts positive energy and negative energy attracts negative energy.

By focusing on the positive with our thoughts we attract more positive energy and can therefor expect to receive these in the form of that which we want to attract into our lives. Clearly stating the things you desire helps to attract those things into your life, but attracting doesn't make it appear, it only draws it near.

By bringing it near makes it accessible, but not tangible. For that we need to get it by means of action. Without action there can be no reaction, which is just a basic physical law. It is the knowing what action or actions to take that creates. This is the main reason people are not able

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to manifest the life of their desires.

Harmony with the Universe is essential in knowing the proper action you need to take in order to create the reality in which you want to live. When you are in harmony with the Universe you flow with the natural movements of the Universe and become attuned to the forces of the ALL. Otherwise you are fighting against the current and must work twice as hard to get half as far.

The three main wants in life stem from health, happiness and wealth. Many believe that wealth will grant all three things, but this is just not so. There are many wealthy people that are not happy and/or healthy.

It is easy to conclude that in order for a person to be content they must possess all three elements. It is also easy to see that wealth is the one that is the most sought after of the three.

We will examine all three, but first let's look at wealth or more exactly the acquiring of wealth. It is true that one of the immutable laws is the Law of Attraction and yet like so many of the other laws it is not fully understood.

The one thing that is known is that it is easier to pursue knowledge or philosophy if the struggle to survive is taken away. When one has all

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the money they need to pay the bills, buy the things they need and have the time to pursue philosophical questions then they obviously will progress at a much greater rate of speed.

It is to this end that in order for you to pursue the knowledge you wish to attain it would be better if you were wealthy. The Law of Attraction can make this so.

Clarity + Certainty + Activation + Letting Go + Appropriate Action

These steps have been given to countless people and some have been successful while others have not. The main reason that there is failure is due to the lack of implementing either one or more of the steps to perfection.

I know that perfection is rarely achieved, but let's say all we have to do is get each step right. We have to clearly know what we want and that we're certain we want it.

You may not think so, but this can be a major obstacle to some. Failing at either or both of these steps and they are destined to fail at manifesting what they want into their lives.

With the Law of Attraction being so strongly based on the thought processes let's examine

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what those thought process might entail.

In truly understanding what the word 'thought' means we find that the Law of Attraction is talking more of subjective thought and not objective thought or the way we typically think. We believe we exist and that we are part of a situation where we interact with the people around us. There are things that we see and have in our possession. These things that we can see and touch become real and become part of our thoughts.

This, however, is not the thought process that is needed for the Law of Attraction as this is known as objective thinking. What is needed is for us to adopt a higher level of thinking or subjective thinking.

Why do our thoughts make us believe that our spouse is real? Because we see them, talk to them and can feel their touch. But what if we turn it around and believe our spouse is real and therefore we can see them. That is subjective thinking.

Your house isn't real, but because you believe it to be real so decisively that it becomes real and that makes it part of your reality. Your day to day situations aren't real, but because of the firm beliefs that they are happening makes

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them real to you.

Now perhaps you start to see the realm of what is called subjective thinking. It is very like the way you think in a dream. In a dream you may picture yourself, but is that the real you? No, because we are creating a picture of ourselves and whatever happens in our dream is just part of the frame of reference, the consciousness. The things that are going on in our dream is wrought from our perspective. This is how thinking works in the subjective world.

In the subjective world, what we see is actually just a manifestation of our thoughts. Now, that doesn't mean those things aren't real. What that means is that those things are present in our consciousness. Just as we might be able to alter things in our dreams, by applying the Law of Attraction, we could alter things in our 'real' life as well.

As you grow in the light and become attuned to the Universe your understanding and knowledge also increases. When you reach a certain level you will begin to be able to communicate with the Universe and in so doing will be shown the proper actions to take in order to achieve the desired goal.

Most of us want three things:

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1. Good Health
2. Abundant Wealth
3. True Happiness

All of these things are possible with harmony. In fact when you are one with the Universe you will know such joy as you've never known before. There is complete love, peace and tranquility for you to experience when you have become enlightened.

Good health is also something that can be obtained as most any disease and affliction can be overcome with the use of healing methods. Magnetism is the key to having good health. Your body is a complex organism that relies on having a strong supply of magnetic energy to strengthen and maintain good health and bodily functions.

What then are we to do to implement the cause to manifest the reality we wish to live?

To begin the new phase of your life you must know and understand the way the Universe works. It is not a department store where you can simply go in and pick out the item or items you want and purchase them. It is, however, a place where all possibilities exist. Nothing is beyond the realm of wants and desires and the only limitation is the imagination. Images are the key and

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imaging is the source by which all things may be garnered. There is, however, a distinction between imaging and imagining. Imaging is seeing with perfect clarity that which you want. Imagining is more like a dream that can never manifest itself into reality.

There must also be clear communication. For without clarity there can be no manifestation either. It is a forgone conclusion that you must know where it is that you are going before you can arrive there. The destination must be stated without derivation. The knowledge needed here is to carefully grasp the end with your mind's eye and proceed to that position.

It is likely that this position is an ideal situation where you have found all three things that you desire. Those being the afore mentioned good health, reasonable happiness and the abundance of wealth. Communication is the key to finding that which you want. It is this stumbling block that prevents most from reaching their desired life. The person that fails is undoubtedly incapable of either forming the complete image or doesn't have the ability to be understood by the Universe.

Creating the complete image is a talent that eludes many that would like to use the Law of Attraction to gain their wants and desires. The

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image is either not made to be real enough or complete. It has holes that the Universe cannot fill or define and therefore the request cannot be attained.

Activation is another place where people stumble. This is the culmination of the first two steps wherein it is communicated to the Universal Mind. It is more likely, however, that the message is never received. It takes a certain discipline to achieve the state necessary to communicate with the Universe. The Universal Mind is of great capacity where many thoughts are produced. Each thought is then analyzed and categorized and placed in its proper position. Any thought that is not considered to be a positive, useful thought is recycled and goes away without any regard.

Those thoughts are then used to produce other thoughts unless they have been deemed to be negative, contaminated thoughts and then they are quarantined so they cannot infect the rest of the Universal Mind.

Letting go is the step few ever accomplish to the satisfaction to get the desired results. Not letting go is the same as worrying and fretting or doubting that the result can happen. Your job is to figure out what you want not how it is to come into being. The Universe will figure that part out.

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To allow the Universe to alter the cause so that you see the effect appear in your life is accomplished by putting it out there and then letting it go. This is when it comes back to you where it once again becomes yours to act upon. The appropriate action is then required for it to come to fruition.

Herein lies the downfall of most simply because they either don't see the opportunity or fail to act appropriately. In essence they don't listen to their inner voice either because they can't hear it or misinterpret what its saying.

Chapter 11

Transitioning

Obviously there is going to be a change that must come about for you to transition from where you are now to the place you want to be. This period of time will see a lot of growth and advancement when properly done. Though there may be times of stagnation when you feel like you are getting nowhere, have some patience as events sometimes take longer than we want them to take.

You may also feel as if you have taken a

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wrong turn or made a wrong choice as to the action you were to take, but remember there are no wrong choices or wrong paths to take. All choices and paths lead to the truth and light of oneness. Some are just a little more direct than others.

The main thing here is to travel from the shadows to the light, from the darkness to the brightness. Even if you stay the same during a period of time it is alright, but try never to recede into the darkness. Your mission is to vanquish it by immersing into the light.

As you evolve and become more enlightened you will find the transitioning much easier. You will understand more of what is coming next and be able to prepare yourself for the coming change. You will see the light more clearly and hear the truth more readily.

The main thing is that there is no downside as long as you keep moving forward in a positive direction. The pathway you take is most likely the one you need to take to learn the lessons you need to learn. There is no lesson that can be skipped. Each one is important in your evolution.

As time goes on you will find that time is unimportant in the realm of the Universe. It only

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matters to you now because of this earthly existence. It is because your physical body has a certain lifetime before it ends. Your true self continues on without end and without beginning.

Time is but an illusion and if you haven't learned all the lessons you need to learn then you will learn more in the next life. When you get to a point where you've learned enough you will graduate to the next level where learning and becoming closer to the oneness you seek will be easier. The lessons will be more easily understood. Time will not matter as you will have gone past the need of it.

There is no better place to be than the place you are now for it is there that you will find the next thing to be learned. That lesson will then take you to the next and so on and so forth. Each one you learn sheds more light upon the shadows that keep you in darkness. Follow that path and learn that lesson to complete understanding. Do not rush through just to get to the next lesson. Savor and experience every nuance as you evolve slowly but surely, then move on to the next.

Every shadow will be dispelled with the light. Every doubt and fear will be vanquished in time. The next step is to follow the succeeding one as you travel upon the pathway to oneness. It is a

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beautiful journey as each change takes shape and your growth is accomplished. Be not worried of failure for there can be none. Each step forward brings you one step closer to the end.

Transitioning is the wonderful state of accomplishment mounted upon the next accomplishment. The final step may be years or lifetimes off, but each new step taken forward is a step filled with learning, exploring and fulfilling. It brings you closer to the end, but it is the journey that takes you to new heights. Learning to be one is the blessing and each step along the way is a cherished memento of that journey well taken.

As you grow, more light will have entered into your realm and each time there will be less in shadow, less darkness hiding the truth from you. Like grains of sand in an hourglass, one by one the bottom fills. Just as it is filled with sand so is your world filled with light.

No matter where you are upon your journey, know that there is more light to be found ahead and more shadows to be engulfed with light. As the cornerstone of all that is real, your vision of the composition of life takes on new meaning once you begin to see the whole picture. Daily life is of little importance when compared to the reality that exist in the other dimensions. Dwell

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not on the physical, for that is the transition that needs to be made.

It is in the physical that you lose yourself. Your identity becomes this 3D ego driven entity that wants to compete and amass material things that determine the score in that competition. There is a better way, a better you existing inside. That you live for the betterment of all not the advancing of the ego and amassing riches.

With enlightenment you will be able to have all that you want and need, but those wants and needs will not be attained at someone else's expense. There is an infinite abundance in the Universe. So much so that no one needs to do without. Elevate your essence to the level of loving and giving. Feel the whole, know the whole. In that state you will be enlightened having the wants and needs necessary to live stress free and in comfort.

Transitioning is about taking yourself to that next plane where more of the picture is revealed. It is a knowing how the pieces of the puzzle fit together. It is seeing how you can harmonize and flow in the higher dimensions. Being part of the ALL is the quest you are destined to make and eventually it will let you fulfill what you have been searching for all along. This is the thing that makes our true self be what it was meant to be.

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The longing you feel comes from that inner part of you wanting to be a part of the whole.

Take time to delve into your heart and see what it is you truly want and you will find that the search is for truth and light and oneness. It is that seed that was implanted in you from the time when there was no time, when there was no beginning or end. There was only oneness with the Universe and all was linked into the one.

Your perspective was one of seeing life as part of the one, of the Godself that perceived all as one. There was no good and evil, male and female, positive and negative, yin and yang, and all other forms of duality. They simply do not exist in the ALL where there is only peace and harmony for they are part of the ALL. It is through this understanding that you discover the message that eludes you.

When you transcend from the wanting to the knowing you will feel the soft meaning of existence. You will know the true essence of what you are and be granted access to all you can be. It is in this that you will become whole for you will be part of the one and the one is the wholeness you seek.

Take that part of you that believes it is separate and make it part of the whole. Gather your

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consciousness and let it flow in harmony with the Universe. In this state you will transition from the individual to the oneness that is life as one with everything.

Chapter 12

Harmony

Where you are now and where you want to be depends on the degree of harmony you have. It is not a matter of what you can conceive or where your level of understanding is that determines your ability to harmonize with the universe. Harmony is about your evolvment and enlightenment. These things go hand in hand and the faster your vibration level is the better your ability to harmonize with the universe.

Once you are on the path to the next level

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you will find that you are able to fit in with more of what the Universe has to offer. You will see things more clearly and have a greater understanding of how the Universe works.

Each level brings greater understanding and greater harmony with the Universe. It is these higher levels that you want to attain as they will allow greater access to the higher dimensions.

This does not come overnight, so a great amount of patience is needed for anyone to reach each new level. As you grow your light will shine brighter, your vibrational frequency will increase and you will be able to move in more angles and curves to match those of the particular dimension in which you want to travel.

Without the ability to move in these matching angles and curves will keep you from entering that dimension. Movement is just one of the requirements of the dimensions. There is color and rhythm and vibrational matching that will also preclude you from that dimension if you have not reached the level you need to be admitted.

Harmony is the most important thing for you to learn in the beginning. The other things will come once you are able to flow with the ALL in this dimension. From there you will be granted

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access to the Universal Mind where you can learn knowledge and understanding of the basic principles.

Once at that level of knowledge and understanding your growth will escalate and you will find new paths to discover. Your inner self will be your true self in your mind and this facade that you think of as your self will become just a shell that holds your true self.

Knowledge is the force that will take you to this level of understanding and understanding will help you to gain the knowledge to let you progress and evolve. There is no greater aspiration for you to have at this level than reaching this threshold. It is the pinnacle that you must reach before going on to even greater heights of knowledge, understanding, evolving and harmonizing with the Universe.

I give you hope in this that you will find the pathway that you are to take and that path will begin to help you build the things you need to evolve. Unconditional love is the first step on this path. It will help you to really come to know your inner self. Begin with this simple exercise of finding those things in nature that you already hold dear. Think of them and feel the love.

Next comes a much harder thing. Think of

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something or someone that you truly believe is evil and feel the same love for them that you have for the first objects of nature. Forgive them their transgressions, their shortcomings, their evil deeds and love them as you do the birds and the trees. This is where you begin to attain harmony. The knowing that good and evil are just parts of the same whole, parts of the Universe.

Unconditional love is hard to have for everything, but it is the first step to the knowledge and understanding you are going to need to gain the harmony that will let you be one with the ALL, which is apart from this Universe.

There is no greater thing or other level you can reach without this unconditional love. Within it you will find peace and tranquility. You will share a common bond and that bond will carry you onward and upward to the next level where you will learn even more of the Universe and of the ALL.

Peace and prosperity come with a price and that price is hard work and dedication to connecting with your true self. Then once connected it is up to you to strengthen that connection to become one. Establish a direction that will take you to the light and the truth where you can become all that you were meant to be.

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Ours is but a brief life in the physical realm,
but we have eternity as the self that is within.
Bond with that part of you that knows no bounds,
has no beginning and no end. It is there for you
to know. Feel its presence. Know its glory. Bask
in its love. And above all else harmonize with
the Universe to become that which is your want
and need.

I am reminded of a song performed in the
sixties by the Youngbloods “(Let’s) Get To-
gether

Love is but the song we sing,
And fear's the way we die
You can make the mountains ring
Or make the angels cry
Know the dove is on the wing
And you need not know why
C'mon people now,
Smile on your brother
Ev'rybody get together
Try and love one another right now
Some will come and some will go
We shall surely pass
When the one that left us here
Returns for us at last
We are but a moments sunlight
Fading in the grass
C'mon people now,
Smile on your brother
Ev'rybody get together
Try and love one another right now

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If you hear the song I sing,
You must understand
You hold the key to love and fear
All in your trembling hand
Just one key unlocks them both
It's there at your command
C'mon people now,
Smile on your brother
Ev'rybody get together
Try and love one another right now

Their message is simple and very direct. If we could only live by these words this world would be a much better place in which to live.

This is precisely the message I urge you to hear. Take yourself to that place of contentment and learn to be one with the Universe. Learn to complete yourself and fulfill your dreams in a world where there is peace and tranquility. It is there just waiting for you to connect with your inner self, your oneness self.

Chapter 13

Meditation

Total focus and learning to concentrate are the skills necessary for proper meditation. When you become absorbed in meditation the stress and strain of your daily life fall from you and you become rested and refreshed. Your attitude becomes one of compassion and your outlook more positive. Those around you will notice the change and see the benefits almost immediately. Your decisions will be better. You'll become more creative as you playfully manage the challenges each day presents.

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Though your world may be full of tired, cranky, individuals that are stressed as they try to make the best of their situation. They try to cope while they endeavor to raise their family as well as doing the right things. Meditation will help you to create a loving attitude that will aid you in even the most frustrating times.

With regular meditation you will feel more confident about your daily life as you become more spiritually attuned and rejuvenated. It will help you to prevent the feelings of distress and the overwhelming frustrations that stem from your life stresses. As we run our harried lives with all the distractions that demand our attention we need to take time out just to reflect on the direction we want to go. We can redirect our attention to the priorities of our family and ourselves.

Meditation puts you on the path of a healthier lifestyle that is better than the one you have without it. It is the foundation of the building that is your life. Build you spiritual strength upon it and it will serve you better, making it possible for you to help yourself and others around you. It is the science of self-discover, self-understanding and self-transformation. It helps you to remember who we are and our love for life and our awareness of the present.

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Meditation is a time to release yourself from the pressures of the day, to become relaxed and focused upon the now. The wants and needs of everyday life can also bring stress that harm the body and soul. When you meditate these things are brought into perspective. Their importance is not what it may seem in the grand scheme of the Universe.

Take the time to feel the comfort meditation brings to your life, to your essence on a daily basis. It will be most beneficial and cost you only a fraction of the day, but will give you so much more than any other thing you can do. Meditating ten to fifteen minutes twice a day (morning and evening) at the same time if possible is all it really takes. It is twenty to thirty minutes that cannot be spent better.

There are of course many aids free to use on the Internet. YouTube has an almost inexhaustible supply of meditation music and guided meditation videos to help the novice or even the more experienced. I, myself utilize them and found them most beneficial.

When you meditate you will grow and evolve faster and more surely than if you don't. The more you meditate the better you will feel and the clearer everything will become. Like a scholar that studies, meditation will teach you in

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ways that go beyond understanding. It will take you to places in the mind that you would normally not be able to reach.

Within you lies a whole new world, the world of the ALL, which you need to explore. Meditation is your passageway to that world. It brings you from the finite to the infinite. It helps you to find your way to the truth and the light that are there just waiting to be discovered. This world has too many limitation, but in the world meditation can take you to places where you can find peace and tranquility. Those things are what enable us to know the love of the Universe.

Keep yourself to the path when you meditate. This is the focus you are to discover that will take you from where you are now to a closer point of where you want to be. It will deepen your faith as it opens doors that were not only closed, but unseen. Cross the threshold with your mind into a realm of delight with meditation.

Let it open your eyes to another world, another way of thinking as you explore the many variation and possibilities that await in that state of being that knows all things. Future and past do not matter when you meditate. Thinking only of the now will help you to clear your mind of the random thoughts, clearing your way to the oneness that awaits.

Chapter 14

What the Heart Knows

When we feel love or any other strong emotion it seems to come from our heart or that region of our body inside the chest area. The heart, however is just a muscle, incapable of thought, but these thoughts or feeling come from somewhere inside. This is your true self and its capacity for thought is boundless. There is no limit to what it can feel or think. That part within, no matter what you want to call it, is much smarter

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than the physical brain you use to try to solve your problems.

Being able to tap into this part of yourself is the essence of the divine. It will take you to places and allow you to understand so much more than any thoughts your physical mind may conceive. It is the understanding of the ways of the ALL. As I write I look to my inner self and the words flow through my fingers to the letters on the keyboard and enable me to write more clearly the concepts I want to relate. It is this inner voice that I hear helping me to explain that which my mind has no concept of. I trust this inner voice to give the message that needs to be conveyed to help you understand the ALL.

Trust in and seek out your own inner voice, your own inner self to take you upon the pathway to the light and truth, to the oneness you most surely seek. It is the vessel that will guide your thoughts and feelings to that place of peace and tranquility that will allow to know the unconditional love you wish to have for all things.

Become one with yourself, for it is in this oneness with yourself that will help you find oneness with all things. It is the very essence of the Universe, the part of you that is one with the ALL. Keep to the path that it reveals. Walk with the knowledge of the ages that comes to you

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from the Universal Mind.

Become the true self and forget the ego it will only hold you back from the truth and the light. The ego brings shadows to shroud the light and keep the unknown from your discovery. There is not but the light and truth ahead, a place where the shadows are all dispelled. A place where the unknown and fear and doubt do not exist. There is only love and understanding in this place and it is there for you to know.

Your essence is a radiant light now hidden in a basket wanting to shine through you, wanting to be revealed so it can show you the way to the truth. It is the light that will illuminate your way and guide you from place to place like a shining star that helps you to find your way home.

Cast of the shackles that bind you, reveal the light that shines so brightly inside to discover your way home, the way to the oneness that awaits. There is peace and harmony that waits to enfold you in the care that will build within you the ways and means that you seek to know.

Shine your light upon the shadows and the darkness that hide the truth from your eyes. Grasp the feelings and the knowledge that will take you to that place, the next level of existence. Reveal that which is hidden from you with the

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inner self. Grow and evolve to the next plane of existence where you can start working on the next lessons to be learned.

There are alternatives, but it is perseverance that will lead you to the next level. It is not necessary for the steps to follow exactly, what is important is to start. Evolving depends on the action and you must take and the appropriate action to begin the process. The direction you choose is forward so that you begin to progress towards the light and the truth.

Following your instincts and beginning to hear that inner voice should be your first priority, the first action you should take. It's like going on a trip and buying a map or GPS device to help you navigate your way. Intuition and communication are going to make it much easier for you to find your way.

Chapter 15

What I Don't Know

As a learned person you begin to realize that there is still much to be learned. In fact the more you learn the more you seem to not know. This is something that many scholars have learned, yet when we come upon this conclusion we endeavor to learn more. We begin to study harder as if we can get away from the paradox of seeming to know less, the more we know. Still there is the fact that there is just so much we can learn on our own with our physical minds.

But let's look at the mind of our infinite self.

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Isn't it just more plausible that the mind of our true being stands a better chance of learning a great deal more than our puny physical brain? Granted they are connected, but it is not a symbiosis where both receive the same benefit as the other. The physical mind only gets what we learn during this lifetime, whereas the true self mind has all that we learn in every life, including this one.

Not only does it have all this information, it can tap into the Universal Mind with all its infinite knowledge. Even though our true self mind will never have knowledge of everything, it can access the knowledge of everything. This means to me that I want to be able to connect with this true self mind to help myself and others to grow in knowledge and understanding. Only by this way can we hope to collectively increase the frequency of our vibrations to enable us to move on to the next level of existence.

As an experiment I want you to try to connect with your true self and to the true self mind. See if you don't feel better, stronger, healthier, and happier than you've ever felt before. They say that ignorance is bliss, but great knowledge is even better. It is the harmony that helps the Universal flow to become part of you.

Feelings of satisfaction grow inside you,

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making you complete and fulfilled. There is nothing like it and it is nothing like anything you've ever felt before.

Ever changing is the Universe, and as it expands you expand with it, growing with the light of the eternal wisdom, flowing with its harmony in a tranquil pool that is filled with oneness. Bask in its essence as the light showers over you in an endless array that both fascinates and nurtures.

Believe in the present. Reside in its wake for that is all there really is other than the new thoughts that arise from the one mind and all its parts. Flow with the peace of love for its blessing is upon you when you accept that there can be no other way. Love is the binding thread that makes us one and through your knowledge and understanding you will find it to be so.

Keep the ever changing seed that blossoms with hope and everlasting wisdom within you as you grow with that seed. Ponder not of good and evil for they are all part of the greater growth. Know that one does not exist without the other. Learn to love them both for they are what is.

The knowledge is no good without understanding and love for all things as we travel the path. Search within your heart the path that leads to love of all that you know. There is peace in

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love, but there is disharmony in hate. Love is all that can take you from this plane to the next. Sorrow exists so that we may know happiness. Those that have done wrong in our eyes only bring appreciation to the goodness that abounds.

When you think of someone that the world despises forget the wrong and think of the right. It is not within our true self to know hate and with that harbor the hate as it is the other side of love that we want to know. Labor not under the temptation to feel hate, but know that it exists so that love may also be.

We feel from our emotions all the pain and suffering that exists in the world, but without it there would be no elation for us to experience. All that you know and all that you feel are blessings, though some may be blessings in disguise. There is not without love and it reaches us through many different paths of reality.

There is a mufti-dimensional Universe where we will see many new things. These will open us to more knowledge and grant us passage to new realities where the light shines much brighter, the feelings more intense. Yet within it all there is love, peace and harmony in knowing the duality that perplexes us so. There is a fulfilled granting of what we wish to be in that

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knowledge, just as there is a place within yourself that wants to accept it all.

Keep then to the path of knowledge and understanding, for around each bend there is more truth to be revealed. In the grand design we don't know as yet what we will find, but it is sure to be glorious. A peaceful, love filled realization awaits with each spec of knowledge we partake. It is yours to have and to cherish as another building block to oneness.

Find you the light that reveals more. Feed upon its nourishment as peaceful thoughts abound within your true self mind. Glow with the light that gives truth to every bit of your being, for your essence will shine brighter the more you take in. Grasp at every kernel that comes within your reach. Savor and cherish each new morsel as it builds you up to new heights.

Think not of the self, for in that there is folly. Think only of the one that is the greater whole. Your stay here on earth is only a brief portion of the life that the infinite knows and it matters not except in what you learn and in the growth that you attain

Everyone is of this way and it is only through this perseverance that we can fulfill our appointed task. It is this task that takes us onward

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and upward to the evolution we are charged with attaining. Each in turn will see that it is the only way.

Take then to keep the stories of the Universe as they are the ones that will help you reach the next level. Success is not measured, because there is no quota put upon what and when it must be learned. There is no ambition to be admired for it only leads you in the wrong way. The knowledge you attain is not but a milestone to be reached when it comes. There is no race to the end and no winner to receive first, second or third. There is only the need for all to participate and work at their own pace.

Each step is just another taken and each truth another one found, until in the end we will all reach the mountain top. We will witness the discord fall from sight and bask in the glory where harmony and love abound.

Chapter 16

Ambition

The ALL cannot be added to or subtracted from and therefor we as part of the all have no beginning and no end. Our eternal soul is a light that will shine forever. It will continue to evolve and shape the physical reality we know now and the true reality that is to come. We have advanced in our thinking, used science and technology to invent new things, but we have forgotten to look to our real potential, the true self mind.

We utilize only a tenth of our minds, most of

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which is to keep our bodies functioning or to work out solutions. There is so much more that we are capable of doing. We have abilities that we are only now beginning to see, yet they are in their infancy, only beginning to blossom. And there are others that we know nothing about. Abilities that will take us beyond anything thought possible.

Now we are on the threshold of the next plane of existence, though it will not come in our lifetime. Still we are the pioneers of this new age. We are the ones taking the first steps towards this new reality. We can and will be the first to see the new direction that will shape the direction of those that follow.

What there is for us to know is that we can improve our lot in life and the lives of those around us with some discipline and diligence. By taking the next step upon the new path we can and will manifest our destiny. We will shape the times now and the times to come.

Far off in the future we will be living in another dimension, in a higher plane of existence where none of the things we hold true will exist and certainly not be remembered. Our minds will then be elevated, our vibrations will be heightened as greater harmony and enlightenment become our normal way.

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In order for us to move towards this new existence we must first begin, though strides have been taken that have gotten us to where we are now. Our past has not been a shining example of what we are about. Our ambitions along with greed, jealousy, and lust for power have hampered our way. The days to come can continue on for a time, but there will be a reckoning that will come someday.

All that is not what is important right now. What is important is that if you want to start to build a better life for yourself in the here and now then there are steps that should be taken. The first is to open your mind. Forget your ambitions, your petty wants and greed. Keep in your heart the good of the ALL, for the good of the ALL is the good for all things.

Peace and harmony can be found without ambition. Ambition is just a millstone around your neck taking you to places of harm and discord. There is no room for ambition in the new world order. An order that will grant to us that which is benevolence, a place without chaos. Ambition is the seed of all our woes, and the worst part of it is we believe it is a good thing when it's not.

Forever is a long time, way too long to live yearning for complete peace and harmony. It is

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an eternity being without the rhythm we need to flow in the oneness that is the bliss that awaits us. Ours is a tenuous line that we now tread, upon a precipice that teeters between oneness and continued strife. We live in a world where there are misfortunes, disasters, cataclysms and a life of despair.

Tomorrow can be a better day and continue to improve until we gain the next threshold, but it starts when we decide to say enough of this. It starts when we look at ourselves and know that there is a better way. Hidden deep within us all is the potential to begin the slow climb from this reality.

Unfathomed are the potentials waiting to be exposed that lay within us and wanting to be set into motion. They are like the flood gates holding back the irrigation water that will let our spirit grow and evolve. They are the knowledge and the understanding we need to build a new and better way of life. A way that will be so magnificent that we cannot conceive it now.

In the beginning it will be hard and there will be times when you will want to give up. Though the advances made will be slight, but steady and slow wins the race. It is about the minor adjustments that need to come first and then to build upon those until a significant difference is seen.

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These are the things that will build the character needed for the coming future.

Fathomed senses creating limits to our potential are robbing us of the things we are capable of accomplishing. Our Intentional Mind Power is a way for us to know the mysteries of the world. A way for us to shape a world of beauty and benevolence. The ancient wisdom can live again in the mind of man. The truth can be found through focus and clarity of purpose.

Once the sages knew of this great power and employed it though they kept its secret, knowing that with great power came the ability to destroy as well as build. They knew that the men of that time as well as many living today could not be trusted.

As we embark upon a new spiritual progression where the world will be more enlightened, this fear is subsiding. Some believe that mankind is in a dark period with all the terrorist and crime that is perpetrated the world over, but with the coming age this will not be so. Those that are enlightened and evolved will be able to move up to the next plane, while those that are not will be left behind.

The rapture speaks of a tumultuous time with

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chasms of fire opening in the earth and fire raining down from the sky. It also speaks of bodies vanishing or of souls taken. Yet what if the earth were to be taken to another dimension where only those that were evolved enough could exist and those that were not were taken to another planet still in the third dimension. No one really knows for sure as the message is not clear.

There has been much discussion about the ancient texts and how they are steeped in riddles and parables. The word is that they cannot be read literally as the meanings have many layers hidden from our view. Great men and scholars from scientists and theologians have studied these great works trying to uncover the hidden meanings. Some success has been found, but the majority of the messages and the ancient truths still lay hidden in obscurity.

Today we look for clues and the masters, the adepts and messenger have revealed more as we are coming to a time where we can understand more and can be trusted not to use the information unwisely. There are those that have evolved and been given more as they were proven to be ready. Some are just now finding their way because of strides they have made to elevate themselves.

Those that aren't ready for the revelation are

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not shown the way to the information they could use to cause destruction. These are the ones that still hold with their ambitious nature, thinking that this is the way to get ahead. Ambition breeds competition and competition breeds greed and envy and hard feelings toward one another.

When we forget about ambition and trying so hard to make a buck then we will find that abundance is abounding. We will find that the truth and light will be easier to find by those that can wield it responsibly.

Chapter 17

Finding Your Path

For each of us there is a path that we will follow. A path that will eventually lead us to the truth and the light that we were meant to find. It will be revealed to each when the mind of that one is ready and able to understand all that they need to know. Those that have not attained the evolvement necessary will follow the way they have always gone as if they are on a treadmill going nowhere.

When that person realized the meaningless purpose of their life they may discover their way

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to the truth and light that awaits us all. Fortunes of the fold here can be both self-serving and benefiting to the ALL. Its purpose is to be one of uniting in oneness those that have kept themselves separate from the rest, though they never truly were isolated.

Hearken not to the voice of the inner calling that beckons of the love you hold for all things and you forsake all that can be. The life and the love that can be held are there for the taking to know them is to know the epitome of all things. There is no greater prize than that to be sought.

Tomorrow is not set in stone, for there is not that's been decided, yet with all your hopes dashed there is a mighty hope. A hope to sustain the valiant and pure of heart. For within the heart of such there lies the truth and the light. A fact of great value held in unsurpassed esteem. Hold not to thy feelings for they are the precursor to success.

Blessed are they who find the true path, for they follow in the footsteps of the masters. They will know the promise of a new future, a future where their AT-ONE-MENT will be realized. Take that to your heart, your soul, that you will know the harmony that is your want.

Freedom from the shackles that bind awaits

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in oneness. Peace will fill your heart to the brink. Tranquility will abound as you fill yourself with unconditional love for all things. There is no greater quest, no greater aim and no greater purpose. Peace cannot be won by the sword. Only unconditional love can fill the heart and bring about the peace mankind seeks and will ultimately find.

As we have grown over the centuries we have advanced technically and spiritually. Even so we began anew after the dark times when certain men put themselves above the quest for this divine truth. They sacrificed our best interests for the sake of their own greed and lust for power. Taken from us was the ancient wisdom that would have allowed mankind to know the true value of the meaning of life.

Just now we are finding our way to the path that we had embarked upon all those centuries ago. Hermes gave us the axioms to guide our way and yet they were hidden from our view. Great knowledge there is in his ancient writings, but the ways of man have taken them away. All is not that which we find in our world that encompasses the true path man should take.

There is truth and love that will overcome the folly of man for it is said that we will endure to find our way out of the pit of despair. That

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which we seek is a place of honor where the good of the ALL is the answer for which we long to know. Within the dimensions there are many planes of existence. Many levels we would want to know, but they must be gained in stages and the next level is the one that is calling us now.

The practice of the few will become the many. The knowledge of the masters will be granted to those that can hear the call. For within the message there is confusion that can be deciphered when understanding comes to the mind whose soul has moved on by virtue of an elevated vibrational frequency. Open your mind to the possibilities that awaits us all. Give yourself the chance to learn from the masters for they will fill the void that is within your mind.

Be not of impatience, but learn to follow in a steadfast way. The future of your soul is the answer to the question that so many find in their hearts when they are confused. Follow that truth that will lead you upon the path you should follow, for within that truth you will find your way.

Take the knowledge afforded you with each step. Build upon it as you make your way. Each step built is another step closer to the attainment of the goal you wish to make.

Do not lose your way or let your ego stand in

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your way. It is not about the ego, but about the oneness that is to follow, the harmony that is to be gained. Ours is a way that abandons the good of the ego for the good of the ALL. It is this ego that separates us when we should want to be made whole. In each of us there is this knowledge and in this there can be no other way. Truth is we are one unit and unified we will find a better way.

The pathway is laid before us whether we choose to follow now or wait for another day. The road that is our choice to take now is one that will take us to the path we will eventually take. You can either go the long way, learning the lessons that befit your station of this life of meaningless endeavors or break free from the ways of man and go towards the ways of the enlightened ones.

Know not the future that lies before you with the beckoning of that which calls and you will surely be as those that fall into the ego trappings that give way to the folly. The knowing of the oneness will bring you to new heights of understanding of the things that really matter. Those things which we hold as important in the world of mankind are not the things that really matter. What really matters is the caring and the sharing of the oneness that is to come when we have

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reached the new plateau.

Fill your life with understanding. Come into the fold that is to be found. Only from the truth and the light will the burden be uplifted and the destination found.

Now is the journey most wanted. The calling is the heed that must be sought. For truth and understanding will quell the hearts of man from this wanton selfishness that infects and plagues us with its sickness and impedes our thoughts to that which is right.

Our bitter bondage is to the weakness that inflicts us. It is that which makes us subservient to the whims and addictive human frailties. The purpose of the path is to take us from that which makes us weak, though they may appear to be strengths, to a place of grace.

Give yourself the power to be kind. Take that which is evil and turn it so that it is good. Follow not the righteous hypocrites for they are on the brink of disaster. They know not of the strength that binds us to one another. They know not of the foolishness of their isolation. Become of the one body. Be that which takes us to the world above. Grow in yourself by becoming part of the ALL.

There is no individual, there is only the ALL.

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Why then would you want to hold yourself from its magnificence? Why isolate yourself from the benefits that can and will be yours. Take the strides necessary to gain the understanding that will give you peace of mind, body and soul.

Chapter 18

For the Truth There is Light

The search for the truth is never ending or at least it will take such a long time that it now seems that way. Tomorrow and anon are to us infinite, but there is a mark or space in time that we are now searching for. This step is the first step to the next level. It is a notable benchmark to take us where we first need to go.

Taken, this step is the beginning of what's to come. Finding it is not easy or simple. It takes going to the limit by looking for the answers not

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to be found in normal places. It will take research that will lead you to places you never thought you would go. It is the truth that is seldom found in a world marked with deception and discord.

One such reference that many have found helpful is the writing of Hermes Trismegistus (Thoth the Atlantean). For some 14,000 years, he ruled the ancient race of Egypt, from approximately 50,000 B.C. to 36,000 B.C. At that time, the ancient barbarous race among which he and his followers had settled had been raised to a high degree of civilization. Thoth was an immortal, that is, he had conquered death, passing only when he willed and even then not through death. His vast wisdom made him ruler over the various Atlantean colonies, including the ones in South and Central America.

From the Emerald Tablets of Thoth we receive this message, *"Deep in Earth's heart lie the Halls of Amenti, far 'neath the islands of sunken Atlantis, Halls of the Dead and halls of the living, bathed in the fire of the infinite ALL."*

Again, as in "The Kybalion" we see reference to the ALL. The Hermetists believe and teach that THE ALL, "in itself," is and must ever be UNKNOWABLE. They regard all the theories, guesses and speculations of the theologians and metaphysicians regarding the inner nature of

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THE ALL, as but the childish efforts of mortal minds to grasp the secret of the Infinite.

“Such efforts have always failed and will always fail, from the very nature of the task. One pursuing such inquiries travels around and around in the labyrinth of thought, until he is lost to all sane reasoning, action or conduct, and is utterly unfitted for the work of life. He is like the squirrel which frantically runs around and around the circling treadmill wheel of his cage, traveling ever and yet reaching nowhere—at the end a prisoner still, and standing just where he started.

And still more presumptuous are those who attempt to ascribe to THE ALL the personality, qualities, properties, characteristics and attributes of themselves, ascribing to THE ALL the human emotions, feelings, and characteristics, even down to the pettiest qualities of mankind, such as jealousy, susceptibility to flattery and praise, desire for offerings and worship, and all the other survivals from the days of the childhood of the race. Such ideas are not worthy of grown men and women, and are rapidly being discarded.

The human reason, whose reports we must

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accept so long as we think at all, informs us as follows regarding THE ALL, and that without attempting to remove the veil of the Unknowable:

THE ALL must be ALL that REALLY IS. There can be nothing existing outside of THE ALL, else THE ALL would not be THE ALL.

THE ALL must be INFINITE, for is nothing else to define, confine, bound, limit or restrict THE ALL It must be Infinite in Time, or ETERNAL,—it must have always continuously existed, for there is nothing else to have ever created it, and something can never evolve from nothing, and if it had ever “not been,” even for a moment, it would not “be” now,—it must continuously exist forever, for there is nothing to destroy it, and it can never “not-be,” even for a moment, because something can never become nothing. It must be Infinite in Space—it must be Everywhere, for there is no place outside of THE ALL—it cannot be otherwise than continuous in Space, without break, cessation, separation, or interruption, for there is nothing to break, separate, or interrupt its continuity, and nothing with which to “fill in the gaps.” It must be Infinite in Power, or Absolute, for there is nothing to limit, restrict, restrain, confine, disturb or condition it—it is subject to no other Power, for there is no other Power.

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THE ALL must be IMMUTABLE, or not subject to change in its real nature, for there is nothing to work changes upon it; nothing into which it could change, nor from which it could have changed. It cannot be added to nor subtracted from; increased nor diminished; nor become greater or lesser in any respect whatsoever. It must have always been, and must always remain, just what it is now—THE ALL—there has never been, is not now, and never will be, anything else into which it can change.”

Once again we look to the Emerald Tablets of Thoth and we are told, *"Darkness and light are both of one nature, different only in seeming, for each arose from the source of all. Darkness is disorder. Light is Order. Darkness transmuted is light of the Light. This, my children, your purpose in being; transmutation of darkness to light."*

From the Kybalion - the Principle of Correspondence, which embodies the truth: *"As Above so Below; as Below, so Above," all of the Seven Hermetic Principles are in full operation on all of the many planes, Physical, Mental and Spiritual. The Principle of Mental Substance of course applies to all the planes, for all are held in the Mind of THE ALL. The Principle of Cor-*

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respondence manifests in all, for there is a correspondence, harmony and agreement between the several planes. The Principle of Vibration manifests on all planes, in fact the very differences that go to make the “planes” arise from Vibration, as we have explained. The Principle of Polarity manifests on each plane, the extremes of the Poles being apparently opposite and contradictory. The Principle of Rhythm manifests on each Plane, the movement of the phenomena having its ebb and flow, rise and fall, incoming and outgoing. The Principle of Cause and Effect manifests on each Plane, every Effect having its Cause and every Cause having its effect. The Principle of Gender manifests on each Plane, the Creative Energy being always manifest, and operating along the lines of its Masculine and Feminine Aspects.”

“Everything is dual; everything has poles; everything has Its pair of opposites; like and unlike are the same; opposites are identical in nature, but different in degree; extremes meet; all truths are but half-truths; all paradoxes may be reconciled.” –The Kybalion.

“The great Fourth Hermetic Principle—the Principle of Polarity—embodies the truth that all manifested things have “two sides”; “two aspects”; “two poles”; a “pair of opposites,” with

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manifold degrees between the two extremes. The old paradoxes, which have ever perplexed the mind of men, are explained by an understanding of this Principle. Man has always recognized something akin to this Principle, and has endeavored to express it by such sayings, maxims and aphorisms as the following: "Everything is and isn't, at the same time"; "all truths are but half-truths"; "every truth is half-false"; "there are two sides to everything"; "there is a reverse side to every shield," etc., etc.

This is the light and the truth, for just as the light has as its polar opposite darkness we see that they are one and the same, just referenced by different degrees of the light. It then follows that truth and lies are actually the same thing as well only on different levels. Anything that is not an absolute lie then has some degree of truth just as some truth except absolute truth has some degree of lies.

Where then is the line drawn and where can the light and the truth be found other than at the absolute end of light and truth? Can we not see some truth in a half lie or see some light in the half-light? This is the puzzle that we face and the riddle we must solve. Or rather what we must discern is which is lie and which is truth, which is light and which is darkness.

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There is much to be gained from reading *The Kybalion*. It is a wealth of knowledge that will help those that can read it or are called to read its understanding.

*“In this little work we have endeavored to give you an idea of the fundamental teachings of *The Kybalion*, striving to give you the working Principles, leaving you to apply them yourselves, rather than attempting to work out the teaching in detail. If you are a true student, you will be able to work out and apply these Principles—if not, then you must develop yourself into one, for otherwise the Hermetic Teachings will be as “words, words, words” to you.”* THE THREE INITIATES

Chapter 19

The Essence of Growth

Truth is the essence of growth and evolution. It holds the key to understanding the benefits that await the state of awareness. To be connected to the Universe in such a way that you will know and feel what it is to be one. Failure is not an option even though setbacks will occur from time to time. The very point of discovery takes you a step closer to the ultimate goal that everyone will attain in time.

Though there is no timeline for completion,

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attainment is inevitable for everyone. It is part of the realization and the impetus that spurs us on to the discovery of each new portion of the truth and light we seek.

Where you are now and the direction your going is a variable, for each is on their own path, knowing different things and having acquired different knowledge and understanding. Still there is only one truth, one light to enlighten all beings and to guide them in their search.

To be one with the Universe is to know and understand the question and to flow in harmony with all things. To love all things unconditionally because all things are one and so there is no condition to love that makes any sense. Love is universal. It is the basis of all understanding that takes us from the isolation state to the oneness state.

Feelings grow from the knowledge of oneness and this understanding is growth to enlightenment where all things become one. Emotions are not to be eliminated, but understood and felt to their full measure. It is through these emotions that we are unique and therefor add value to the thought stream. With this perspective we add a before unknown element to the Universe.

Growth and attainment are essential for each

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being in the ALL. Just as we must breathe to stay alive we are driven to uncover the truth and expose all things to the light that reveals what needs to be known.

It is a progression of esoteric knowledge given when the mind is able to comprehend and utilize the information. At some point in the evolution of each there comes a time when the student is ready for the master. At this time the master will appear and the lessons will take on a whole new guided direction to maximize the progress of the student.

Immerse yourself in the light that dispels the shadows. Watch as the light you visualize in your mind eliminates every darkness. Let the glowing flow through every crevice, every seam and every fold. Feel the light as it warms the pours. Let it bathe you from head to toe and in this you will know the truth, and understand its meaning. In it you will grow, expanding your mind to the wholeness that is inherent of the Universe.

Grant the light to become a part of you. Let it shine as it fills you with the essence that is love. Know the kind of presence that is within yourself and how it radiates the love that is given without condition. Let it unfold as you are bathed in the light the Universe provides to each one of us.

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When the light is allowed to become you, you will know the oneness and the grace that follows all that come to this level of being. It is a healing light that flows with harmony granted when the oneness comes. In this state of being one can reflect upon the fortunes of the soul. The situation then is one of bliss and abundance, for the Universe will provide.

There can be no doubt as the essence of the light is knowledge and truth. It is understanding that grows with the light and gives peace with each new ray. Like the sunshine it radiates and warms, filling the inner self with its ingratiating embers. It feeds upon the vibrations and the rhythm of the night that it dispels. It penetrates the whole and gives to the Universe in a symbiotic relationship.

Benefits abound in the light that is love and peace and it knows no bounds. To grasp the concepts and truly understand is the first step upon the road to truth and light. Believing is the next step to this attainment, but what is it really like to live in this state of awareness, this harmony, and this elevated state. The only way to really know is to attain it, but to put it in a nutshell it is like floating in a world without flaws that touches your inner self. Sure you can empathize the pain others know, but those bad events

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that happen to others never happen to you.

Take the time to focus on each day, staying in the present is to be aware of the harmony that is, the rhythm that moves the Universe. Keeping in tune with its flow is a matter of focus and meditation is the means to attain that kind of focus. When you meditate you become one with the Universe.

Sacrifice yourself for the sake of something better. Learn how to utilize your Intentional Mind Power and wield the natural gift that will let you manifest your destiny. Believe in your ability to be and do anything you want for it will be the ways and means for you to have health, wealth and happiness.

Freedom is knowing how to find your inner voice, to know in your heart that the actions you take will start you on your way to that promise you made to yourself long ago. The promise that you would have all the things that would give you the life you want. As a bonus you will grow spiritually as well as mentally.

This is the opportunity to have it now and have it later. You not only will be living better in this physical reality, but helping yourself and the whole planet to evolve and elevate to the next level. The sacrifice is really not a sacrifice at all

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when it comes right down to it. There is the personal rewards, of course, but the real reward is in the spiritual gain that you will attain.

Succumb to the magic that lies within, for it is within us all. Some have just nurtured it more than others. There are some that have taken it to the next level, while there are some that are just starting out. There are still others that are somewhere in the middle, looking for that next step. There is no exact formula or method, though you can get as much or as little help as you need along the way.

Somewhere along the way you will become noticed for your efforts and a master will come to you to guide you further. Once you reach that point the sailing gets much smoother and the path is made clear. Until that time it is the voice inside trying to guide you on your way. This voice can and will be instrumental in your growth.

This is done in the physical realm for that is the way of the Universe. It is not for those that have awakened in the ALL. This awareness and enlightenment of the ALL is not subject to the same conditions as the ones found in the Universe.

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There needs to be a distinction made between the two. The physical Universe is a manifestation of the ALL. The ALL, however is the true reality for it is constant. It is one. It is ALL with no separation, no delineation, and no duality. In the ALL there is only the one.

Awakening in the ALL is its own awareness, its own enlightenment and beyond. We cannot know the ALL, but we can awaken into the ALL and become one. Therein meditation takes on a whole new meaning, a different level of focus and a tranquility found nowhere in the Universe.

Chapter 20

The Id in You

Time immemorial has been an everlasting boundary of what is and what could be. There is no evidence that there can be life without time, yet within the confines of time there is limited growth potential. Time binds us to an era, to events that stifle our existence. The growth we experience is within the time frame of our physical existence.

But what of the spirit, the inner self, the soul that goes on and on forever. This part of us, our

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true self, is not confined by time and time has no meaning to this part of us. It has no beginning and it has no end. There is no death, there is only eternity in the infinite.

Taking time, that doesn't exist for our true self, from the equation we begin to see the real picture, the real reality. We know that there are other dimensions, other realities that exist in the Universe, but because of our narrow view point we cannot conceive of a reality without time. We see space and that there are distances from here to other planets, other galaxies and these distances preclude us from venturing to them.

What if the distances in the third dimension were barriers for us to never overcome? Yet if and when we start to live in other dimensions these barriers nonexistent and the stars were not so distant? Could it then be possible for us to travel what is millions of miles in the third dimension, but only a few thousand in say the sixth or seventh dimension.

Then if we consider that there is no such thing as time in those dimensions we are left with the conclusion that it would take no time to travel anywhere. If this is the case then there would actually be no distance and in fact there would be no other place, it would all be just one. That would mean that no matter where you were

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it would be like any other or in fact there would be only one place.

I know these conclusions may boggle the mind, yet this is precisely what is reality in what might be called the spiritual dimension. Our physical reality is an illusion and yet we are bound to it because of the confines of this physical body that encompasses our true self.

In this reality there is time, there is space, and there is death. There is also pain and fear. In fact there are emotions of all sorts from love to hate. There is luxury and poverty, too. If we could get past those and all the other things that limit us what sort of place would this be? Could we perhaps eliminate the need for all the things we deem necessary and pleasurable? If that were the case we could eliminate time, space and death.

To see oneness is to become enlightened. It is this that we aspire to whether we consciously seek it or not. Our true self knows this reality and knows that it is the only true reality. Since it is all knowing and one with all things then it is also without question of this oneness we seek. It is the force that drives us and yet the destination is no destination at all.

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That is the underlying truth. There is nowhere to go because there is no other place. There is no other time and that is the way to obtain our release from this physical prison. When we become this oneness and there is no other thought or belief than the oneness there will be a great release, a shift in realities.

The unconditional love of truth is the awareness of truth and yet there are degrees of awareness. It is to say that we will not go from one to the other without first passing through the different levels. We radiate at different frequencies and as our awareness of oneness increases the frequency at which we vibrate increases.

This increase is gradual and ever changing. It not only increases but can and does decrease depending on our awareness as well as other factors such as emotional state, events occurring in our physical lives, and our moods. Emotions play a big part of our evolution and our awareness of truth to the extent that we fluctuate up and down.

Controlling our emotions is how we evolve for it is these emotions that bring our vibrational levels down. When we raise our vibrational level our emotions are held in check and we are tranquil, but when anger or fear or any one of many negative emotions take over we plummet like a

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rock. Normal emotions tend to let us level off, maintaining our current average vibrational state.

To increase your vibrational frequency is something everyone should try to do. Some of the things you can do to accomplish a vibration frequency increase are:

Become Thought Aware: Everything you think, do and say begins as thoughts. They mold your life and create limiting beliefs or they can elevate you to higher vibrational state. Think positive thoughts and you will become a more positive person. This will be reflected in your everyday life as well as the frequency at which you vibrate.

Appreciate The Beauty: The world can and is a beautiful place if you will let it be. There is beauty in nature and beauty in life that take place every day. Sure there are negative things, but you can learn not to focus on them. See the goodness in people, notice the beauty of a tree or the birds that sing. There are many things to appreciate if you just stop, look and listen.

Be Food Conscious: The things you eat directly affect the frequency at which you vibrate. Broccoli and other fresh organic vegetables help us to vibrate at a higher level, while fast food burgers or things found in plastic packaging

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don't. Pay attention to the things you eat and notice how you feel afterwards. You will soon see there is a great difference and opt for the healthier choice that natural food sources provide.

Drink Pure Water: Most of us don't consume the recommended daily amount of water each day. Instead we drink soda, coffee or something mixed with water to make it taste better. Water is the substance that promotes life. Without water we die, but with water we can increase our vibrations to a higher level. It seems a small price to pay to feel better and vibrate at a higher frequency. So flush out the toxins and increase your energy levels just by drinking water.

Meditate: It really doesn't take much time (15 minutes) to slow down and relax away the stresses of the day. Just sit in a comfortable position with your back straight, close your eyes and focus on your breathing. Think of nothing else but your breathing for 15 minutes and you will reach a peaceful state of mind. Do this twice a day in the morning when you get up and at night right before you go to bed and you can change your life.

Be Grateful: Each of us has plenty to be grateful for and by focusing on these things you will shift your vibrations. Try to think of something new each day that you're grateful for and

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focus on it for just a few minutes. This little exercise speaks volumes to the Universe and puts your mind in a much more positive place, a place that radiates with higher vibrational frequency.

Random Acts of Kindness: Giving without expecting anything in return is very rewarding, but this is not why you do it. You do it because you care, because you give of yourself and it makes someone else feel better. Being kind should not be a chore or something to further your standing. It is something to do because it just feels good and makes others feel good. You'll know because we are all feeling better and vibrating at a higher rate.

Movement: Vibration is movement and movement is essential to increasing your vibrations. Take a walk, go dancing do something that makes you happy and soon you'll see that your vibrations have increased.

There you have 8 different things you can do to help you to increase your vibrational frequency. Simple, easy to accomplish rewarding things that will make you feel better and more importantly make you think better.

The best thing about these things is they will increase your awareness of both the things around you and the state of things about you. It

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is in the latter that you will need to grow and to know yourself, your true self and not this thing, this ego that you call yourself.

Certainly they are not the only ways to increase your vibrational frequency, but they are physical things you can do. Another is simply the awareness of truth. The realization that the ALL is truth and truth is the ALL. Focusing on this belief will take you to the destination that is where you are. Don't worry about the duality of nature or the wants and need of the ego. Just know that there is truly only one and it will be with you always.

Chapter 21

Enlightenment

We cannot expect to jump from A to Z without going through the rest of the alphabet, or at least some of it. How many steps it takes is irrelevant. The only important thing is to make progress during your life. Time is not important. What is important is that you realize there is a goal and that goal is to grow, to become more than what you were at the beginning of this life.

Common milestones will present themselves as you go from day to day, and life to life. These will be placed to challenge and to help you to

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understand the next step you should take, the step you should want to take. It is merely a guide, a map of sorts that will help you on your journey to nowhere.

Your journey is exactly that, a journey to nowhere, because where are you to go when you're already there. The journey is to realize that you are where you need to be. To know that what you are searching for is within you and has been within you all along no matter where you are.

The physical body that houses your true self is a separator. It makes you believe in the illusion. It is the ego that keeps you from your true self. It wants and needs to be the ALL, but it is not and never will be. The ego is a selfish beast that wants power and control of all it surveys. It neither gives nor offers anything except its own reward.

It is the warden of the prison that keeps us in shackles, bound to an existence that is false. It causes us not to recognize the truth and bans the awareness that keeps us from that truth. By realizing the ego is not you or your friend you can break the bond, but it is not easy.

The ego is the rooster in the hen house of your physical mind. It struts around and crows at the top of its lungs, but in reality does nothing

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but impede your growth. It stymies the mind in confusion to make us believe we are dependent upon it when all the while it is dependent upon us, and it hopes that we will not see through the smoke screen that it has created. There is no truth in what it offers. There is only servitude to a false god.

The failure of the mind to connect with the true self and therefor the Universal Mind, which keeps us in this fog. It challenges us to evolve, but puts blinders on us to keep us from seeing the true light. Locked deep within you is the truth and it is the love of this truth that will help you to see it.

In the stillness of the mind it awaits. In the deep recess where the light eternally glows you will find what has been there all along. Quit seeking and you will know it, for it is part of you, the real you.

Forget the illusion. See it for what it truly is and you will not be fooled any longer. Instead believe in the part of you that waits. The part of you that knows there is no other. The part of you that is one with the ALL. Focus on that which will help you to see the truth, for the truth is the oneness, the knowledge and the understanding of the ALL

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Give not into its temptations, the false promise it reveals. In this empty promise you will find fleeting happiness of the physical, but it is a place of duality and for every high there is a low. For every up there is a down. For every positive there is a negative. The yin and yang of this consciousness will lead you astray of the reality that is oneness.

In the true reality there is no happiness or sadness, there is only the one. There can be no emotion for there is only the one. There is no shades of grey or black and white there is only the one. This may sound monotonous, but it is the truth. It is the way of all things and there is an indescribable peace that bears no equal. It is the final destination that is not a destination at all. It is the knowing of all things for there is only one.

Believe me I know it sounds contradictory, but it is the ALL and there is no other. It is the enlightened state and there are many paths for it to be attained. There is truth and there are lies and each path will take you into and around both. In the end however you will find there is no path because it is wherever you are.

Many are fooled and many follow the path they believe will lead them to the knowledge they need to find, to the understanding they need to

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gain. This for them is what they must do. They must seek that which they believe eludes them, but it is them that evades the truth.

Where then will you go to find what is already there? What path must you take to find the ground upon which you stand? Empty your mind of the quest. Know that there is no heaven or hell. Know that the path to enlightenment cannot be found.

The awareness of the truth is the gateway to enlightenment. The love of truth is the impetus of enlightenment. The stillness of the mind is where the awareness of oneness begins. It is in this everything that we will first become aware of the nothing that is ALL.

Taking away all the noise and the excitement of what our physical being thinks are important isn't really so much. They is the hubbub of the illusion that signifies nothing. The access is not in the material or something that has gone viral. It is within the stillness that we find eternity, the eternity of nothing or oneness.

Granted this is not an exciting place when looked at through our physical perception, but once found it is ALL. I remember watching a Star Trek movie, Generations, and in it Guinan explained the Nexus to Picard saying "Time has

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no meaning inside the Nexus. It was like being inside joy. As if joy were something tangible and you could wrap yourself up in it like a blanket."

This is what enlightenment is. It is like living inside joy. Though there is nothing there is everything and it's all wrapped up into one perfect ALL. I have seen the other side through brief moments of the stillness of my mind. (I say other side for lack of any words that truly defines it) In the truth or the oneness I knew that the nothingness was everything and I was wrapped in joy.

As there is no emotion, there is every emotion. As there is no place there is everywhere. As there is no time there is every time and so it is meaningless. As you are here you are there. As you are a rock you are a tree. And this is along with countless other things is why it is perfect, the most pleasing nothing ever known.

The known is not found in the physical even though it seems to be reality. After all we have proof that satisfies the ego, which supplants itself as the real you. The questions we all have about who we are and what we are and why we're here are eluded. The physical mind cannot give or even fathom an answer because it doesn't know the answer.

For the answer the inner self would need to

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be consulted and the ego doesn't recognize that this inner mind knows more because it believes it to be subservient to itself. It is merely a place to store memories and an automation to serve the body of certain functions of the body. The physical mind also believes it would relinquish its dominion over the self if it ever thought that it wasn't dominate.

So we have built up this protection to keep the ego's identity safe, to have it secure as the self. This is the obstacle that must be overcome, the conflict that must be resolved. Without this resolution you will remain trapped inside the ego, which is exactly what the ego wants.

Chapter 22

Love's Presence

Love is an amazing thing that transcends emotion and is coupled with truth. It is the everlasting light that floods the ALL and contains the substance that makes enlightenment blissful. Our capacity for love is not altered, but strengthened and made whole. It is the light that shines within and without and it is part of the inseparable oneness.

Granted you can experience love on the physical plane, but not to the magnitude that it can be felt in the ALL. Love's presence is all

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around you like a warm blanket it surrounds you with its comfort. It is not the love that you seek it is the package where love is the center enveloping truth and surrounded by light.

Given the package is not elusive, but located right where it can easily be found and known. It lies inside like the blossoming flower that is always in full bloom. It is the ever-present glory, the known bliss that can be the new you known. It, however is not new, but has always been, always waiting, always wanting to be known.

This life is the life that abides within, it resides as an everlasting glow that permeates the night. It is the truth that holds the ALL together, bringing it to the one. Seek not for the love or the bliss or the truth however. Seek for the ALL. Believe in the ALL and not in the ego. Look to the truth and not the illusion.

The great illusion is very complete and accurately depicted, providing an overwhelming sense of truth, but it is in fact a deception. The proof, however, is not easily conveyed without a common frame of reference. To know the truth is to step from the physical reality into the realm of oneness, a realm of conjecture where we can only briefly visit.

Though there is no physical proof that can be

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displayed, the mind can be tempted through the experience of others. If through your curiosity you may wish to explore this other realm, this realm of nothing and nowhere, look to the stillness and live in the moment. There you will find an astounding sense of wellness, a place that is not like any that exists in the physical reality.

There is already a perfect being that dwells within. This being is enlightened, and at one with the ALL, harmonious, rhythmic and vibrating at an incredible rate. It is without while having it all. Knowing all there is while knowing nothing. It is the great conundrum, the riddle to be solved, made difficult by the ego's illusion.

The ego fights to remain in control and will do anything it can, go to any lengths it can to maintain what it already has. The ego makes us believe that there is only this life, this reality. When we question this reality, it makes us think it is wrong to do so. When we ignore this reality the ego makes us believe that we need it. The ego wants us to believe that it is impossibly hard to become enlightened, denying all the while that we are already enlightened.

Open your eyes. See the real self that is there or at least begin to believe more in it than in your lying ego that you've been following all along. Seek the truth, love the truth, for it will become

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apparent. Enlightenment is simple if you will let it become you. It is the real you waiting to be known and when known all things will be made clear. The oneness will surround you. The energy will become one and you will know bliss.

In the reality of truth there is no duality, there is only the one, the ALL that is everywhere and nowhere at the same time. There is peace of body and spirit. There is a belonging that is love. There is everything and nothing at all. There is just being in the ALL.

With a sense that knows no bounds, there is love's eternal growth filling the ALL with love and light and truth and harmony. Fall within its fold for it awaits your awareness, your recognition. It is there and has been there all along. Come into the light. Become the light. Bask in its ever present glory as it shines for you and you are one with the light.

We worry about survival. We fear death and pain. We loath the suffering and hope for abundance and prosperity. We know we must live in a world that has pitfalls and consequences, yet it is all an illusion. When we know it is a false reality it all fades away.

Change your paradigm. See the world as one of ego's controlling ploys. Align yourself with

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the truth in the stillness of your being. Step into your inner being, see through the eyes of one.

There is no fear or loathing, no poverty or pain. There is only truth and love in the All, for the oneness is these things. It is harmony and bliss. The ALL is oneness with no beginning and no end. Succumb to the lure. Let it be your beckoning call. Be complete by believing that it has been there all along. Know within your heart that it waits for you to come.

Enlightenment will not make you special. Once enlightened you will not float over the heads of people in the lotus position with a bright light shining from you. You will be more humble as you sit in the center of humility and innocence. This is to say that it is not the final destination, but only the beginning of what's to come. It is beyond enlightenment that you should go.

The point to be sought is one of freedom. It is to be inside love, and so it is to have no fear, and fear is a product of time. Time is a construct of the mind in the physical plane. To reach past this is to reach the place where there is no time, no duality, no doubt. Not a place where there is the dream brought by the physical mind.

Take the road that is not traveled, the way

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that is not clear for this is the way past enlightenment and into the presence of love, the place of freedom where the reality unfolds. It is the rose within the garden, the songbird on the wing. It is all the joy of happiness where love's song can sing. It is the blessing of the belonging, yet the solitary of freedom where dependence is not known. Take down the idle wandering. Loosen the binds that fixate you in your place. Go instead to places beyond the enlightenment and breathe the freshness of evermore.

Grant the saying that will comfort you. Grab them and hold them tight. Save them for the sake of them as they wrap you in the light. Look to the moonlight as it shimmers in the sky and watch it light the world below, every particle in sight. For if it doesn't light it all then you have more to go.

To hold onto the beliefs you now have so tightly that you do not seek the unknown will not help you to find that which lies ahead. There are other things that you have to learn, new beliefs to be believed, new thresholds to cross, but without the wanting to grow there is stagnation. Ever on there are new summits to climb, new horizons to view and new comprehensions of which to become aware.

Be the light that seeks the darkness, be the

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explorer that scales to new heights. Follow the path that will take you over the horizon to see the new vista. Grasp at the straws that seem to be unrelated and then see how they connect. It is in the unknown that we find the known and the truth that we were looking for or the awareness that will take us to the next plane of existence. There is light in the tunnel ahead or we can be the torch that lights the way to the liberation.

That light is truth and it is only to be found in love's presence and love is the coupling element that brings it all together. There is nothing that cannot be discovered with love and no belief that cannot be cemented to the truth without love. Keep it ever in your heart and you will know eternity as it was meant to be.

Chapter 23

The Testament

There is a covenant between God and the living. A way of coupling with the infinite, the eternal flame, the truth and love that binds us to the ALL. There is no one that does not benefit from the testament we have made and hold onto. It is that contract we have with the ALL that keeps us moving forward to discover what's always been there, which is enlightenment.

As we move towards enlightenment we first become aware, or at least we begin to question that which was always believed to be true. We

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wanted answers to questions and the stronger this inquisitiveness became we realized that there was more. We didn't quite know what, but we believed that there was an answer.

Then there came a teacher or teachers that helped to clarify as well as teachers that just muddled it all to those they were trying to help. The truth was there for us to find at that point, but the ones that taught that it was not something to be found were the ones that steered the seekers in the right direction.

Of course that direction was in direct correlation to the testament that we've had all along. Enlightenment is not something to be found just as driving to your home when you're already there. Enlightenment has been with you all along. You are enlightened just as you have the testament. It is the awareness and the awakening that you seek. It is the knowing that you need to answer the question and it's been there all along. You just needed to hear it. No one told you. In fact they steered you away from it.

It has been said that we were not meant to know the answers to all our questions. What a load of crock. They didn't want us to know what they didn't know themselves. They, the theologians and the teachers only wanted to maintain their control. They wanted the power and the

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prestige and the glory and the money they got from our not knowing.

The testament is the truth that was freely given. It has been with you all along. Since there is no beginning and no end there is no saying when, but it is with you now and you are one with it. This unwritten document simply states that we are one and that we have the right to search for the truth because we are the truth.

This search begins with the acknowledgement that there may be a reality other than the physical reality that we all know. From this we will gain the awareness of truth. This truth that is found in the stillness of the mind is the first step to enlightenment.

Once awakened the truth is found and enlightenment is attained. This awakened state usually only lasts for a very brief time, but it is the seed that is planted, the acorn that will grow into an oak if allowed to do so. From this point on many do not follow up on their enlightenment experience thinking that they are done.

However, this is just the first step as there is more beyond this initial enlightenment. Those that have had their brief awakening soon fall back into the duality reality. They become satisfied with their accomplishment and go back to

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the life they had before when they were asleep.

After enlightenment there is the discovery of oneness, the unity of the undivided ALL. The realization that there are no lines of separation as every particle, every atom, and every molecule is made up of nothing more than energy taking shape in different forms in the physical reality. In the true reality there is no distinction. A cup is a rock is a tree, ad infinitum.

The ALL is made up of this unfixated and non-designated energy or what is actually nameless. Names create distinction and there is none there is only the one. Each drop of water is the ocean each piece of dirt is the earth, just as each drop of water is the earth and each piece of dirt is the ocean or a tree or the aether or the gas that lights the sun.

The physical mind doesn't have the capability to fathom this and so the ego is content to live in this physical reality. It doesn't want to explore what it cannot discern and so it is happy to live life the way we've always lived it. It is an ignorant roller coaster of emotions, highs and lows that hold us back. Yet, all the while there are those that must have answers and so they look outside the confines of the physical.

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These precepts that have defined our existence are seen to no longer be satisfactory. They are the non-truth or the partial truth or even mostly truth, but they will never be absolute truth. Therefor the ego must be destroyed before the mind can know the truth.

Ego is welded into this physical reality and unable to bend to anything but the physical. It is bound by and governed by it so that it impedes the mind to find the truth that lies within the spiritual reality.

Chapter 24

Where Does It All Lead?

Upon reviewing my reasons for writing this I began by trying to discover how to manifest the reality I wanted and to record the events of my progress. In retrospect I see that there have been some events that have made me reevaluate the scenario. Destiny is not something that we really need to be cognizant of, but rather a state to be determined. There is no set plan for any of us, yet there are those that are ready to learn or hear things while others are not.

Where you are doesn't matter. In fact very

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little matters especially the conditions in the physical reality as it is just an illusion anyway. How you dress and how you feel is all relative in a superficial world. I am so amused by people that are so passionate about this or that when in the grand scheme of things it really doesn't matter. Physical life is not important, it is the things learned and the progress made toward enlightenment and beyond that need to be measured.

When you get to the beyond enlightenment state you will see the physical world for what it really is and you will also know that there is only the one. This is where you are being lead. This is the realization you need to find and when you do you will have the answers. Those answers will then not matter so much, just as the questions will disappear.

Feelings and emotions will become a thing of the past and the passion you once had for certain things in the real world will vanish. Looking good and sounding cool will in the end have no baring in the ALL. When there is only the one and you experience the awakened state of oneness all else has no meaning. You cannot be better than, dressed finer than or be cooler than because there is just the one in the ALL.

Growing into this realization and becoming

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someone ready to hear the truth is going to happen at some point in time. It cannot be forced, but each of us can try to see what's ahead, though some are just not ready. It is about what you know and understand at this point and in all likelihood you will not find this or any material similar, because it will not come to you.

There is no reason to speed the process along. When you are ready it will come to you and you will find the message and the meaning you need to further your development. As I said previously time does not exist in the ALL and so when your time comes in the physical reality has no bearing in the oneness of spiritual reality.

I know it may sound a little abstract until you have experienced the ALL, but afterwards it all becomes crystal clear. When you awaken to the awareness of enlightenment you become less concerned with time and for that matter anything else. You become satisfied with it all because all is one. There is no reason to hurry, there is no destination to go to, because it is where you are or over there or any place as it is one.

The lives we lead before awakening are lives of disarray, filled with doubts and fears. There are brief periods of happiness sprinkled in amongst the pain and suffering. Even the rich know wantonness and strife. There is no getting

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away from it in the physical reality, but in the spiritual reality there is only one. There is no duality, no cause and effect there is just the one.

The feelings and the emotions become nothing. The anxiety and the stress fade away. There is no need for recognition, no need to be praised, there is only oneness. No one is cool, no one is a nerd. There are no cliques, no crowds to please.

Yet, you may think this a boring place, but without emotions you don't get bored. There is life and love and AT-ONE-MENT. The quintessential life without worry, without pain, and without any of the things that make this physical reality such a trial.

But the most pleasant part of the awakened life is there are no egos. No one is going to put you down to further their cause. There is no cause to be striven for, no gain to achieve because there is just the one. All things are the same, each one being the same, and each place being the same. No one gets ahead, no one lags behind. Oneness is achieved and all things remain the same infinitely and eternally.

This may not sound like heaven, and it isn't that's true, it's better. This you will not know until you reach that plateau, when you know and become aware, then you will awaken into the

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perfect state of oneness, in the midst of the ALL.

We have this gift and it is the oneness that we have when we become our oneness self. Still there is this world of duality, our physical self in which we must live and in this reality there are wants and needs to be gained or manifested. The thing is, however, those things can be manifested in the way described earlier, or it can be done in another way.

When you go beyond awakening and you know the truth about oneness, things will just start to happen. Doors will open that were closed before. Things will begin to just appear in your life out of nowhere. Prosperity and abundance will follow you. Relationships will grow more intimate and your health will improve. This is not to say that you won't get older and eventually die. It just means that conditions will change for the better in most cases.

This new perception you have when the truth is found not only enriches the true self, but the physical self as well. I hope you find the love of truth and in so doing enjoy the new freedom you will acquire from the knowledge. May peace and tranquility follow you no matter what you do or become.

Awakening in the ALL

ABOUT THE AUTHOR

Randy's mother moved from Ojai, California to the home of her mother and grandmother, with her two boys in the summer of 1958. The place they were to reside, Shamballa, Colorado was a religious retreat started by Doreal. There he was to grow up going to school in Douglas County.

As he grew Randy became interested in the teaching of Doreal and began reading some of the lessons and other writings that were available to him. They peeked his interest, but as there was a big world out there just waiting to be explored Randy went off in search of becoming a published author. He worked at many menial jobs while reading and attempting to write the great American novel that was not to come.

It wasn't until he could no longer work due to health reason that Randy penned his first work, a collection of blog posts from Intentional Mind Power. He also wrote a couple other e-books on copywriting and Internet marketing.